

Joy & Blessings with the Dawn of Eid

عيد مبارك





A compassionate festival is this Day of Eid!

Allah Himself commanded it and distanced Fasting from it. It is a celebration. It should be celebrated. On this day fasting is forbidden. It is a gift from Allah in compensation for the month- long fast of Ramadaan in obedience and submission to the fourth pillar of Islam, as informed and demonstrated by Allah's Messenger Muhammad (ﷺ).

Eid-ul-Fitr is in stark contrast. A special dawn congregational prayer, sumptuous banquets, fine clothing and homely adornments, uplifted spirits, exchanges of greetings, smiles and embraces, such colour the day for the victorious. Those who subjected themselves to hunger pangs, increased prayer and charitable deeds.

Allah has made it obligatory to help the poor to include themselves in the celebration. He has made it their right by imposing a charitable tax upon those who have, to fund those who don't.

If it is His will that we celebrate, that we express, joy and gratitude... then it is obligatory that we fulfill Allah's right.

Let there be Love, Forgiveness, Harmony, and displays of the Bounties of Allah!

EID MUBARAK from all of us at al-Kausar, to you, your families, and the entire UMMAH of Sayyidina Muhammad Mustafa (ﷺ).

عِيدُ مَبَارَكٍ

الكاوسر
وثر



Eid-ul-Fitr The Festival

The following is Mustahab on Eid's Day:

- To trim the nails
- To have a bath
- To brush the teeth with a Miswaak
- To wear nice clothing- preferably new, if not, then freshly washed clothing
- To use Attar (scent)
- To perform Fajr Salaah in the Masjid
- To pay Fitra before the Eid Salaah
- To walk to the Masjid or Eid Gah in one route and to return on another
- To eat dates or something sweet before going for the Eid Salaah
- To express joy and donate generously
- To recite the Takbeer on route to the Eid Gah or Masjid

اللَّهُ أَكْبَرُ اللَّهُ أَكْبَرُ لَا إِلَهَ إِلَّا اللَّهُ وَاللَّهُ أَكْبَرُ ط
اللَّهُ أَكْبَرُ وَلِلَّهِ الْحَمْدُ ط

Allahu Akbar Allahu Akbar. Laa Illaha Illalahu
Wal Laahu Akbar. Allahu Akbar Wa Lillahil Hamd

"Allah is the Greatest, Allah is the Greatest. There is none worthy of worship besides Allah and Allah is the Greatest and to Allah belongs all Praise.

The Eid Salaah

The Eid Salaah is Waajib upon every person on whom the Jumma Salaah is Waajib. There are only two Rakaats in the Eid Salaah. These two Rakaats are offered as an expression of thanks to the Almighty Allah for giving us the strength, courage Taufeeq to keep fast, perform Taraweeh and I'tikaf etc. during the Mubarak month of Ramadhaan. This is also where Allah rewards us for our fast, patience and sacrifices.

Niyah- Intention

Before beginning the Eid Salaah, ensure that you have Wudhu. Say the Niyah as follows:

نَوَيْتُ أَنْ أَصَلِّيَ لِلَّهِ تَعَالَى رَكَعَتَيْنِ مَعَ سِتَّةِ تَكْبِيرَاتٍ
صَلَاةَ عِيدِ الْفِطْرِ اقْتَدَيْتُ بِهَذَا الْإِمَامِ مُتَوَجِّهًا
إِلَى جِهَةِ الْكَعْبَةِ الشَّرِيفَةِ ط

Nawaytu an usalliya Lillahi Ta'aala Rak'ataini ma'a Sittati Takbeeraati Salaata Eidil Fitri Iqtadaytu Behaazal Imaami Mutawajjihan Ila Jihatil Ka'batish Shareefah.

"Oh Allah I am performing two Rakaats Eid-ul-Fitr Salaah with six extra Takbeers for You, as a follower behind this Imam facing towards the Holy Ka'bah.

Method of the Eid Salaah

After the Imam says the first Takbeer (Takbeer-e-Tahreema), recite Thanaa (SubhanakAllah Humma). Thereafter the Imam will say three extra Takbeers, raising the hands to the ears each time and releasing them to your side after the first and second extra Takbeers. Now, after the third extra Takbeer, fold and place your hands below the navel. The Imam will read Surah Fatiha and a Surah and complete the Rakaat in the usual manner.

In the second Rakaat after Surah Fatiha and the Surah, before going into Ruku, the Imam will say three extra Takbeers, raising your hands to the ear and releasing them to the sides each time. Thereafter, the Imam will say Allahu Akbar and go into Ruku, complete the Salaah in the usual manner.

After the Salaah the Imam will make a Duaa, and deliver a Khutba.

There is no Azaan nor Iqaamah for the Eid Salaah.



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"O Mankind ! Eat of the lawful and good things from what is in the earth, and follow not the evil.
Surely he is an open enemy to you
(S2: V168)



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HAZRAT AMIR KHUSRAU

The Beloved of Mehboob-e-Elahi ﷺ

About 16 days after Id-ul-fitr, many Muslims and some non-Muslims in and around Delhi take part in another festive occasion they call the Satrahvin Sharif - literally Holy Seventeenth. This is the Urs or death anniversary of Hazrat Amir Khusrau, the favorite companion of 12th century Saint Nizamuddin Aulia. Thousands of people throng the twin Dargah (tomb) and offer their nazrana (of flowers, chaadar and sweets), say the fatehas (oblation), tie threads of mannat (vow) on the tomb's jali, or just sit there listening to ecstatic qawwalis. There is also Charaghan (illumination with lamps) inside the tomb, and outside, everyone makes merry in a colourful fete, which goes on for three to four days.

One might ask as to why someone's death is celebrated and not mourned. According to Khwaja Hasan Sani of Dargah Nizamuddin, the death for common people could be a sad, mournful affair, but for a Sufi it is only a transition – the final step to the soul's communion with God, a milan or wedding with the divine which the Sufi had been aspiring his/her entire life – hence the celebration. In fact the Arabic word Uroos from which Urs is taken, literally means a wedding. There may be thousands of saints in the Indian subcontinent whose tombs become centres of such occasions at least once every year, yet the legend of Amir Khusrau and Nizamuddin Aulia is something special in the history of Indian Sufism. Amir Khusrau, according to the popular belief, was a steadfast Sufi and the favourite disciple of Nizamuddin Aulia. However, the contemporary scholars of history and Persian language know him as a court poet who successfully managed to appease more than seven rulers of Delhi Sultanate with his charming poetry that can still be considered some of the best literature produced in the entire Persian world, apart from being a mine of source-material for historians.

Hazrat Amir Khusrau (RA), the legendary poet, composer, inventor, linguist, historian and scholar, one of the intellectual giants of Indian history, was Nizamuddin Aulia's most loved and devoted mureed. As an Amir (noble) in the court, Khusrau may have indulged in all sorts of material pursuits, but only in his pir's Khaneqah he found the real love and an atmosphere for the evolution of his creative and spiritual faculties.

Khusrau who had an Indo-Turkish parentage was introduced to Khwaja Nizamuddin at an early age. There are endless anecdotes – in oral tradition as well as documented history – as to how passionately the two loved each other, right from their first meeting till the moment of their death. Nizamuddin Aulia who was visited in his monastery by thousands of people every day, used to say that he often gets fed up with every one including sometimes himself – but with Khusrau, Never ! He also wished if his religion allowed, he would have Khusrau and himself buried in the same grave after their death.

The death of the two men was also an unusual event which highlighted that Khusrau's love and respect for Hazrat had reached its Zenith. When Nizamuddin Aulia breathed

his last, Khusrau was away at Lakhnawati in Bengal on Mohammad Tughlaq's royal mission. When he heard the sad news, he couldn't control himself, and rushed back to Delhi. On seeing his pir's grave, he blackened his face and rolled over in dust in utter grief, tearing his garments, reciting the following Hindi doha impromptu:

Gori sovay sej par,
Mukh par daray kes;
Chal Khusrau ghar aapnay,
saanjh bhaee chahu des.
The fair maiden rests
On a bed of roses,
Her face covered
With a lock of hair;
Let us oh Khusrau, return home now,
the dark dusk settles in four corners of the world.



After this, it is said, Khusrau's condition started deteriorating and within exactly 6 months of his master's death, he too expired, or rather his love met with the ultimate consummation on Friday 29th Ziq'ad 725AH/1325. This incident and the above couplet is remembered as the highest point in Khusrau's relationship with Nizamuddin and also probably the reason for their becoming a combined legend.

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عَشْرَةٌ مَبْشُورَةٌ



SAHABAS GUARANTEED JANNAH

ASHARA MUBASHRA



Hadith: Narrated Abdur Rahman bin Awf: that the Messenger of Allah ﷺ said: "Abu Bakr is in Paradise, 'Umar is in Paradise, 'Uthman is in Paradise, 'Ali is in Paradise, Talhah is in Paradise, Az-Zubair is in Paradise, 'Abdur Rahman bin Awf is in Paradise, Sa'd bin Abi Waqqas is in Paradise, Sa'id ibn Zayd is in Paradise, and Abu 'Ubaidah bin Al-Jarrah is in Paradise." Jami Tirmidhi

1: Hazrat Abu Bakr (رضي الله عنه) Abu Bakr Siddiq Abdullah Bin Abi Quhafah (رضي الله عنه) was a senior companion and the father-in-law of the Islamic Prophet Muhammad ﷺ. Abu Bakr became the first openly declared Muslim outside Muhammad's family. Abu Bakr means: *Abu Bakr* is an indirect Quranic name for boys that is formed from *Abu* ("father of", "like", "full of") and *Bakr* (ancient name of Arabian tribes, "young camel"), both of which are Quranic words. Muslims like this name out of love for Abu Bakr as-Siddiq, the closest companion of Prophet Muhammad ﷺ.

2: Hazrat Umar Farooq (رضي الله عنه) Umar Bin al-Khattab (رضي الله عنه) was one of the most powerful and influential Muslim caliphs in history. He was a senior companion of the Prophet Muhammad ﷺ. Umar, meaning 'firstborn son, long-lived or eloquent and gifted speaker' is a name with a perfect mix of familiarity and exoticism. Used commonly in Muslim families, this name is associated Umar ibn al-Kha' b, one of the most influential Muslim caliphs and a sahabi of the Prophet Muhammad ﷺ.

3: Hazrat Usman (رضي الله عنه) Uthman Bin Affan (رضي الله عنه) was a companion of the Islamic Prophet Muhammad ﷺ and the third of the Rashidun, or "Rightly Guided Caliphs." Born into a prominent Meccan clan, Banu Umayya of the Quraysh tribe, he played a major role in early Islamic history. Uthman, also spelled as Othman is a common Muslim name, also transliterated as Usman or Othman. Its namesake is Uthman ibn Affan, Usman Means: The young of a lark, a beautiful pen, name of the third Caliph of Islam.

4: Hazrat Ali (رضي الله عنه) - Ali Bin Abu Talib (رضي الله عنه) was the cousin and the son-in-law of Prophet Muhammad ﷺ. He ruled as the fourth caliph. Ali is a direct Quranic name for boys that means "high", "exalted", "superb", "sublime". The word *Ali* is used in many places in the Quran and it forms one of the names of Allah when it is prefixed with an *al*, as in *al-Ali*. It is a common name among Muslims out of love for Ali bin Abi Talib, cousin of Prophet Muhammad ﷺ.

5: Hazrat Talha (رضي الله عنه) Talhah Bin Ubaydullah (رضي الله عنه) was a companion of the Prophet Muhammad ﷺ. Mostly known for being of the Ten

Promised Paradise. Best known for his roles in the Battle of Uhud and the Battle of the Camel, in which he died, he was given the title "The Generous" by Prophet Muhammad ﷺ. *Talha* is an Arabic name for boys that refers to a type of tree, often considered to be a banana tree. While *Talha* is not mentioned in the Quran, its plural *Talh* is mentioned in verse 56:29, therefore *Talha* can be considered an indirect Quranic name. *Talha* is the name of many companions of the Prophet (ﷺ), such as Talha bin Malik, Talha bin Abi Qatadah and Talha bin Abdullah bin Auf.

6: Hazrat Zubair ibn-e-Awam (رضي الله عنه) - Zubair Bin Awam (رضي الله عنه) from the Asad clan, the commander in the Rashidun army, was one of the closest companions of Prophet Muhammad ﷺ. The meaning of Zubair is 'Strong and fierce' or 'sense and intelligence'. Zubair is an indirect Quranic name for boys that means "strong", "firm", "powerful", "intelligent", "wise".

7: Hazrat Abu Obaida ibn-al-Jarah (رضي الله عنه) Abu Ubaidah Bin Jarrah (رضي الله عنه) was one of companions of the Prophet Muhammad ﷺ. Mostly known for being of the Ten Promised Paradise. He remained commander of a large section of the Rashidun Army during the time of the Rashid Caliph Umar and was on the list of Umar's appointed successors to the Caliphate. Abu Ubaidah is Arabic origin name for Baby Boy Names that means father of slave and He was A great Sahabi of the Prophet ﷺ.

8: Hazrat Abdul Rehman ibn-e-Auf (رضي الله عنه) Abdul Rahman Bin Awf (رضي الله عنه) was one of the companions of the Prophet Muhammad ﷺ. Mostly known for being of the Ten Promised Paradise. Abdur Rahman is an indirect Quranic name for boys that means "servant of the Most Gracious", which means "servant of Allah" as *ar-Rahman* is one of the names of Allah in Islam.

9: Hazrat Saad ibn-e-Abi Waqas (رضي الله عنه) Saad Bin Abi Waqas (رضي الله عنه) was of the companions of the Prophet Muhammad ﷺ. Sa'd was the seventeenth person to embrace Islam at the age of seventeen. He is mainly known for his commandership in the conquest of Persia. The name Sa'd, also spelled as Saad, is an Arabic name meaning 'felicity, happiness and prosperity'. Sa'd ibn Abi Waqqas was one of the sahabas and the 17th person to embrace Islam.

10: Hazrat Saeed ibn-e-Zaid (رضي الله عنه) Saeed Bin Zaid (رضي الله عنه) are also known by his kunya Abu'l-Aawar, was a companion of the Prophet Muhammad ﷺ. Saeed is an Arabic name for boys that means "happy", "successful".

HAZRAT KHAWAJA USMAN HAROONI

رحمۃ اللہ علیہ

Khawaja Shaykh Usman Harooni Rahmatullahi alayh was born in small town called Harun, which is in the region of Khorasan which is in Iran. According to some, he was born in 526 AH [1131 CE] and according to others, he was born in 510 AH [1116 CE]. He was a Sayyad [descendent of the Prophet Muhammad] and also known by the names as Abu Noor and Abu Mansur. When he was rather young, he came in touch with an absorbed mystic [majzub] by the name of 'Chirk'. This association with 'Chirk' brought about a significant transformation in his life. As a result, the material world lost its charm for him and he decided to embrace a higher moral and spiritual life.

Khawaja Usman Harooni Rahmatullahi alaihi went to meet HADRAT HAJI SHAREEF AL ZINDANI Rahmatullahi alayh, a renowned mystic and saint of the Chishti Order, with a request to be enrolled as his spiritual disciple. Khawaja Haji Sharif Zindani Rahmatullahi alaihi found him to be a fit person and accepted the request, by placing a four-edged cap upon the head of Khawaja Usman Harooni Rahmatullahi alaihi. He then told him that the four-edged cap implied the following four things:

- * First is the renunciation of this world;
- * Second is the renunciation of the world hereafter;
- * Third is the renunciation of the desires of the self;
- * Fourth is the renunciation of everything other than God.

Khawaja Usman Harooni Rahmatullahi alayh spent over thirty years in the company of his murshid.

Sad Demise:

Khawaja Usman Harooni Rahmatullahi alayh breathed his last on 5th of Shawaal in the year 617 AH [1220 CE]. His blessings are still invoked by thousands of people belonging to every strata of society and every school of thought. Whilst his shrine in Makkah has been destroyed by the Saudi Wahabbi government, there is also a symbol of his strength and source of his blessings at the Usmani Chilla at Ajmer Shareef.

Messages and teachings:

According to Khawaja Usman Harooni Rahmatullahi alaihi, a great man is one who is endowed with virtues like contentment, sincerity, self-abnegation, self-sacrifice and above all, spirit of renunciation. He said that: 'the ego in a man was an enemy, as it did not allow him to think rationally, act wisely and live happily. He emphasised that unless a man loves human beings, it is impossible for him to love Allah'. His advice was simple and his message was as simple and that was "Live". To exist is one thing but to 'LIVE' another. To exist means to merely breathe, but to live means to keep the welfare of fellow beings uppermost in priority. To live a good life requires a serious effort on one's own part. No exterior agency, legislation or act can make the man a moral being. Inner

discovery is very important.

To help his disciples live a better life, Khawaja Usman Harooni gave discourses at times to guide them towards a better path. Of his many teachings, prominent are:

* Once the Friend becomes your friend, the whole universe becomes yours. Then it is necessary that you should become unmindful of everything else except the Friend, should ever be with Him and should follow Him faithfully.

* According to him, the faithful is one who keeps three things dear to his heart: mendicancy, illness and death.

* It is best to not weep or wail in times of difficulty. In fact, according to the witness of Hadrat Abdullah Ansari Rahmatullahi alaihi, the Beloved Prophet Mohammed Peace and Blessings upon him & his family has laid down that the one who weeps and wails in times of trouble and tribulation invites the curse of Allah upon himself.

* The one who feeds the hungry is dear to Allah. Allah fulfills a thousand wants and frees such a person from hell-fire.

* He who gives food to a dervish becomes free from all sins.

Kalam Of Hazrat Khuwaja Usman Al-Harooni Rahmatullahi alaihi

Namee danam key akhir chun dam e deedar mi raqsam

Magar nazam baen zoqey key peshey yar mi raqsam

Biya jana tamasha kun key dar ambohey ja bazar

Basad saman e ruswae sarey bazar mi raqsam

Khusha rindi key pama lash kunam sad parsae raa

Zahey taqwa key maan ba jubba o dastar mi raqsam

Tuwan qatil key az behrey tamashan khun e man rezee

Manan bismil key zerey khanjar ey khun khar mi raqsam

Manam Usman e Harooni wa yar e shaikh e mansooram

Malamat mee kunad khalqey waman bardar mi raqsam

I do not know why at last to have a longing look I dance,

But I feel proud of the fondness that before the Friend I dance.

Thou striketh the musical instrument and lo !

everytime I dance,

In whatever way Thou causest me to dance, o Friend, I dance.

Come O Beloved ! see the spectacle that in the crowd of the intrepid and daring,

With a hundred ignomies in the heart of the market I dance.

Blessed is recklessness that I trample underfoot the very many acts of virtue,

Hail to piety that with the robe and the turban I dance.

I am Usman e Harooni and a friend of Shaykh Mansur,

They revile and rebuke and upon the gallows I dance.

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SAVE THE CHANGES



During the Mubarak and beautiful month of Ramadaan many have navigated themselves to the Deen of Allah and have brought about substantial positive deeni changes. Now is a critical time to click on the right tab- Save those changes!

Nearly everyone in this age of modern technology has at some stage worked with a P.C. We have used it to draft documents, amend these documents, copied and pasted onto documents, used the 'undo' icon, edited documents, just to mention a few of the time saving operations that we find on this device.

After opening a document that we have worked upon previously and made the necessary changes and improvements a little box appears on the screen asking the question: Do you want to save the changes you have made to this document? You are then given the option of selecting the YES tab or the NO tab. Selecting the YES tab will give you the desired results while selecting the NO tab literally takes you back to square one. All the effort made in editing, improving and shaping the document becomes an exercise in futility.

Don't we all find ourselves in a similar predicament when the blessed month of Ramadaan passes us? Just think of your book of deeds like a document on your P.C. During the month of Ramadaan we have done amongst other things the following-

- * Increased our Ibaadah and acts of charity;
- * Took control of our feelings and emotion;
- * Responded with compassion and sensitivity to the needs of other;
- * Multiplied our good deeds;
- * Repented: we have spent many hours on the Musallah begging for Allah's forgiveness for our sins, errors and transgressions.

The vital question that needs to be asked is :

Do we want to save the changes that we have made in the month of Ramadaan? Are we going to press the YES tab or the No tab?

Pressing the YES tab will leave us with a new, improved version. A version of heightened spirituality, a version of righteousness, a version that is pleasing to our Creator. Pressing the NO tab will take us back to square one; back to our old habits before Ramadaan, back to the life of sin and immorality, back to a life of heedlessness and back to a life subjecting ourselves to the wrath of the Almighty.

How do we improve on this document; the document of our lives, the document of our deeds, the document that we are going to present to Allah the Almighty on the Day of Reckoning? Here are some hints: Copy and Paste from the life of our illustrious master Muhammad Sallallahu alayhi Wasallam.

Use the 'undo' icon by making Taubah immediately after any transgression as the Hadith states "The one who repents from sin is like one who has committed no sin at all"

There may not be a need to do a "spell check" but there is certainly a need to do a "sincerity check" and a "Shari'ah check"? Are we complying?

There may be files and folders that we want to keep while there could

be some others we would not even want others to know exist. Many of us begged Allah to "delete" our sins and dark deeds. We cried before Allah, shed tears of remorse and vowed not to commit those sins in future. Going back to the sins that we have asked Allah's forgiveness for would be like making a visit to the "recycle bin".

What about viruses? P.C. users are also very wary about e-mails they receive and the sites that they visit, fearing the admission of a virus that may pollute their system and cause it to malfunction. The environment and people who we associate with could adversely infect us! Why do we then subject our minds and thoughts to immoral sites and dens of vice which would pollute our moral system and cause us to malfunction? What anti-virus software have we installed to ward off the variety of Fitnahs that confront us everyday?

We need to install the right version of the anti-viruses. There is indeed only One version. Without delay install every Command of Allah and the Sunnah of Rasulullah (Sallallahu alaihe wassallam) onto our harddrives (lives). This will allow us to repel the attempts by shaytaan and other evil forces to infect our PC's (souls).

It's Now time to Run the Programs...

Begin By:

Connecting ourselves to the right network. When we need an I.T solution we go to I.T specialist. We also in our lives need to consult with Ulama and pious people so that we are connected to the right network!

Delete ALL harmful programs Permanently! Lets Repent over past evil deeds and make a firm niyyah (intention) NEVER to Redo those evil deeds.

Ensure that the service provider provides the installation guide for the following programs to be run on your PC:

Program 1: Dawat (Inviting ourselves, families, communities and humanity towards Allah and help Allah's Deen by striving for it)

Program 2: Taalim (Learning and teaching Deen)

Program 3: Ibaadat-Worship (Salaah, Haj, Umrah, Quran, Zikr, Dua and all other forms of Ibadat)

Program 4: Khidmat- Acts of Charity (All acts Charity including Zakaah especially helping the Ummah in whatever possible way)

Now lets connect ourselves to Deen of Islam and the Amaal (good actions) that takes place in our Musjids...as no one knows when his or her PC will crash(when we will die)! By performing Good Deeds we will have Permanently Backed Up our records in Jannah (Paradise). Be careful not to engage ourselves in Evil lest we Back-Up our evil deeds in Jahannam (Hell)

Fortunate is the person who has "saved the changes". Extremely unfortunate is the person who has made no changes as he /she has nothing to save.!

IMPORTANT: As we don't know the time when our PC will shut down ...Make those Change Now and more important.....Save it!

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BENEFITS OF KALONJI

Nabi ﷺ told us "Use the Kalonji for indeed, it is a remedy for all diseases except death".

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4. Joint pains: Massage the joints with Kalonji oil and take 2.5 ml Kalonji oil before breakfast and at night.
5. Piles: Take 50 grams Henna powder in 250 ml olive oil and boil for 5 minutes. Apply it on the pile's sores along with 4 drops of Kalonji oil. Eat 5 pieces of fig along with 12 drops of Kalonji oil in the morning.
6. For emotional ailments and nervous debility: In case of mental and nervous tension and physical debility, add 7 drops of Kalonji oil in honey or some other juice and drink.
7. For improvement of memory: Boil 25 grams of mint and into it add one spoonful of honey and 10 drops of Kalonji oil and drink while lukewarm.
8. For sexual enhancement: Drink 7 drops Kalonji oil along with honey or syrup.
9. Burning in urine: Add 8 drops of Kalonji oil in 250 ml milk and drink and add one tablespoonful of honey.
10. Headache and dizziness: Add 7 drops of Kalonji oil in curd and take thrice a day. Also, rub with the Kalonji oil at the pain area.
11. High blood pressure and heart ailments: Drink half tablespoon of Kalonji oil with any syrup.
12. Lethargy and weakness: Add 12 drops of Kalonji oil in orange juice and drink in the morning with an empty stomach.
13. Migrain: Massage on the temples and areas of pain in the head with Kalonji oil. Also drink 2.5 ml of Kalonji oil along with honey
14. Cancer: Add 2.5 ml of Kalonji oil in carrot juice and drink twice a day for three months.
15. Asthma: Drink half teaspoon (2.5 ml) Kalonji oil in lukewarm milk before breakfast and before going to bed. Mix a teaspoon of Kalonji oil in boiling water and take its steam twice a day and massage throat and chest with the Kalonji oil thrice a day.
16. Eczema: Boil for 5 minutes 10 gm Kalonji seeds, 10 gm Qist Shireen, 10 gm Cassia and 25 gm of henna leaves in 500 ml of vinegar and then filter it. Now add Kalonji oil to it and apply the lotion twice a day. Also eat one tablespoonful of honey by adding 10 drops of Kalonji oil in it.
17. Throat ache: Continue gargling with water containing a few drops of Kalonji oil and also drink half a cup of it slowly.
18. Ringworm: Massage the affected area with Kalonji oil thrice a day until cured.
19. Over sizing of spleen: Extract water of green Momordica charantia (karela) by crushing and drink 25 ml of it along with 5 drops of Kalonji oil.

20. Meningitis: Burn Kalonji seeds and inhale the smoke. Take lemon juice with 2.5 ml of Kalonji oil twice a day.
21. Jaundice: Soak 25 gm of henna and 25 gm of Kalonji seeds in 250 ml of water overnight and filter it in the morning. Mix spoonful of honey and halfspoon (2.5 ml) of Kalonji oil and give it to the patient for 15 days.
22. Nose bleeding: Get ash of a burnt white paper and add to it two drops of Kalonji oil and insert into the nose.
23. Recurring fever: Soak 12 gm of trachyspermum ammi (ajwine) in 500 ml water overnight. Add 10 drops of Kalonji oil in it and drink for seven to eight days.
24. Diarrhoea: Take 3 gm saumf (aniseed), 3 gm mint, 3 gm cinnamon, 2.5 gm table salt and 6 grains of cardamom in water and prepare like tea and drink about 100 ml along with 5 drops of Kalonji oil after every two hours.
25. Constipation: Mix half spoon of cassia and half teaspoon of Kalonji oil in milk and drink before sleeping.
26. Epilepsy: Insert one drop of kalonji oil in one nostril a day and another drop in the other nostril the next day. Also take honey with 10 drops of Kalonji oil daily.
27. Diabetes: Take 12 gm Kalonji seeds, 6gms each of Kasni and Methy seed and pulverize them. Take 3 gm from it and eat twice along with 5 drops of Kalonji oil. Also drink a cup of Karela water (Momordica charantia) on every third day.
28. Teeth and gums: Grind Lahori salt and mix a few drops of Kalonji oil and mustard oil and rub it on the teeth.
29. Vomiting and nausea: Add a few drops of Kalonji oil in 100 gm of fruit vinegar and 200 gm of sugar and slowly sip on it.
30. Flatulence: Add 10 drops of Kalonji oil to 60 gm of trachyspermum ammi (ajwine) and immerse in lemon juice. Then dry it in the sun and add 10 gm of black salt. Take 2gm in the morning and in the evening.
31. Cataract: One drop of Kalonji oil in the eye is beneficial in the initial stages of cataract.
32. Deafness and flowing of ear: Insert one drop of equal mixture of Kalonji oil, mustard oil and oil of ratanjot (Onosma echo ides) twice a day.
33. Dandruff: Boil 30 gm kalonji seeds, 20 gms chi corium leaves and 30 gms of henna leaves in 500 ml vinegar for 10 minutes and apply the filtrate on alternate day's along with Kalonji oil.
34. Shortage of urine: Boil 20 gm corn hair in water and add 10 drops of Kalonji oil and use it.
35. Ulcer/acidity: Add 10 drops of Kalonji oil and 30 gm of pomegranate peel in 125 gm of honey and have a spoon of it with milk daily.
36. Eye diseases: Massage eye lashes with Kalonji oil and drink carrot juice with half spoon (2.5 ml) of Kalonji oil.
37. Dysentery: Add 12 gm of Ispaghul Husk in 250 gm of curd. Also add 5 drops of Kalonji oil in it and use thrice a day.
38. White hair: Apply on hair an equal mixture of Kalonji oil, coconut oil and neem oil daily.
39. Sexual weakness: Take 6 gm of an equal mixture of pulverized Kalonji seeds, solanum gracilipes and saussurea lappa along with 1 tablespoon of honey and two drops of Kalonji oil in a glass of milk.
40. Obesity: Daily take three glasses of water containing juice of one lemon and 4 drops of Kalonji oil. Avoid eating in-between meals and always eat less than a full stomach (this treatment is not for kidney patients).
41. Vitiligo: Eat 4 gm pulverized equal mixture of Kalonji seeds and solanum gracilipes twice daily. Boil 100 gm equal mixture of above seeds in 900 ml vinegar along with 10 gm henna leaves for 10 minutes and apply on the scars with Kalonji oil.
42. Stomach ache: Mix 10 drops of Kalonji oil and 1gm of table salt with a half glass of lukewarm milk and drink it.




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THE SAINT OF CHARLESTOWN

Hazrat Mohammed Ismail Pochee Qadri Sabri (RA) of Charlestown KZN is revered as one amongst the famous Auliya-Allah (Friends of Allah) in South Africa. His abode of rest under a majestic dome at the newly renovated mazaar attracts many followers of the sufi path and visitors from various places, placing the humble country-set Charlestown (adjacent to the famed battle hills of the historical Majuba pass) prominently on the tourist route.

A first time visit to the tomb is an altogether overwhelming experience, taking in the vast stretch of rural landscape, the crisp air chilled but charged with a strange exhilaration, as one reaches the sacred grounds of the shrine. Even more strange is the forlorn sense of isolation and emptiness from worldliness,

bringing sharply into focus a perception of eternity in awe of the Almighty Creator. The connection of the saint with the Supreme Being is remarkably sensed on entering the building.

Historical accounts place Hazrat Pochee Bawa as a contemporary of the great spiritual pioneers of Sufism in Natal, Hazrat Badsha Peer and Hazrat Soofi Saheb (RA) of Durban, and that it was the close relationship and friendship with the former that ultimately led to his entrenchment upon the spiritual journey which was to take him to the mentorship of the respected luminary and Guide, Hazrat Shah Fazle Hassan Rampuri (RA), who initiated him into the Qadri Sabri Farooqi spiritual order, granting him Khilafat and authorisation to establish the Khanqah (spiritual retreat, in Charlestown.

Many supernatural encounters of travelers through the mountainous Majuba Pass are recounted in sufi legends that point to the saintly presence and achievements of the Charlestown mystic, to this day.

Nowadays more and more adherents from different spiritual affiliations take the longer route to Durban by driving through Charlestown so as to visit the tomb and seek blessings from the great Friend of Allah. On leaving the mazaar they pause a short distance further to pray at the Mosque established by Pochee Bawa, and are shown outstanding hospitality by the family and descendants of the saint, also affording them the opportunity to visit the preserved hujra (spiritual chamber) where the saint had spent precious moments in prayer, meditation, and intimacy with his search for the Divine Presence.

Certainly the timeless legacy of Hazrat Pochee Bawa (RA) based on the love and strict principles of the Holy Prophet of Islam, and propagation of the Qur'anic values of the religion as taught by the illustrious Khwajegaan (Sufi Masters) is still upheld presently by his devotees particularly by the present custodian Sufi Mehmood Suleman Pochee, his grandson.

Hazrat Pochee Bawa (RA) breathed his last on 29 Ramadaan (5 April 1959) and was laid to rest on the day of Eid. His Urs is celebrated annually on this day.



TEACHINGS OF POCHEE BAWA

"Obey Allah, Obey His Messenger, and those in Authority over you" (Qur'an)

Foundation of spirituality begins at home. Parents must instill Love, Respect, and Discipline in their children.

Show appreciation to the helping hand never forgetting any favour.

Friendship should be out of love and not because of fulfilling a need.

It is better to recite a small section of the Holy Book with intense love and concentration than mindlessly racing through chapters without focus and clarity.

Respect the Auliya-Allah (Friends of Allah), every one of them, and display respect and humility when entering their presence.

Characterise Respect because Love and Respect is Ibaadah (worship)



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Is Lindiwe Sisulu facing the axe?

By Iqbal Jassat

Will South Africa's independence and the ANC's unanimous resolution on the downgrade of its embassy in #Apartheid Israel be held hostage by the SA Jewish Board's targeting of Min Lindiwe Sisulu as a "threat to SA Jewry"?

The brutal attack on Sisulu cannot and should not be tolerated by self-respecting citizens, who value her leadership and the integrity she brought to her ministry.

Nor is it acceptable for the ANC and President Ramaphosa to stand aside while she is being crucified at the altar of Zionism.

We at Media Review Network find it shocking that since the outrageous attack was published in the Jewish Report, the ANC-led government and in particular the presidency has been conspicuously silent.

Are we at such a low point where sovereign decisions reflecting the will of the people are likely to be overturned due to economic power imbalances which dictate that notwithstanding the human rights ethos of our foreign policy necessitating downgrade, we are forced to ignore Israel's violations of international conventions?

Having suffered enormous losses as a country due to the corrosive impact of state capture, let's be equally mindful of the threat to our democracy if we allow racial pressure groups to capture our foreign policy at the expense of the nation's dignity.

Let's ensure that South Africa is not plunged into "policy capture" by insisting that the honour and dignity of Min Lindiwe Sisulu is protected from vile attacks.

Let's also call on the wider Jewish community to distance themselves from the Jewish Board's hurtful utterances.



Hazrat Abu Ayyub ؓ reported that Rasullullah ﷺ said : "If anyone who has kept the fasts in Ramadhaan, follows them up with six(optional) fasts of Shawwaal then (he will get reward for the fasts of a year but if he does that always) it is as if he fasted all his life. (Muslim)

Hazrat Sauban ؓ reported that Rasullullah ﷺ has said that: "Joining six days of the fasts of shawwaal is equal to the fast of the whole year. Each good act is equal to ten such acts." (Ibn Majah, Nasai)

It means that the reward of each good deed is atleast multiplied ten times. Therefore, thirty days of the fasts of Ramadhaan is thus equal to three hundred days and the six days of Shawwaal is equal to sixty. Thus, making the total of three hundred and sixty, which is the number of days in the lunar Islamic year.



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EATING THE FLESH OF YOUR DEAD BROTHER

By Faizel Khamker

The general viewpoint across all boundaries whether those boundaries were race, class or creed was that the dead must be respected. This was a unified viewpoint globally and justifiably would be regarded as one of the few matters around which good morals could be rallied around on a global basis. The respect for the dead even superseded the rights and human dignity of the living.

During the height of physical slavery, slaves would be beaten up, tortured, starved and inflicted with a number of abuses, however when they died their dead bodies were treated with respect generally. There were exceptions such as the backbone of the Republican Party the Klux Klan if however when compared to the global practice this was a minority view of the extremely mentally sick. The slaves were also regarded as commodity and were often traded and in America the so called black Friday sales finds its roots directly to these trading practices. This practice was however never extended to the dead. When we examine the economic slavery of this era we find that every drop of "blood" is squeezed out and when there is no more blood to give then poison will be inserted in the body in order to squeeze even more. To date this callousness stopped at the last squeeze of the blood with exorbitant funeral expenses taking into account that the global funeral business is estimated at 20.7 billion dollars. The respect for the dead had boundaries here.

The greatest exception and possibly the only grouping which their morality and sensitivity had deadened were those in the scientific field. The neo liberal force behind these scientists who have both financed and bought the souls of these scientists had experimented with the dead and because it did not impact on the broader community they were left to their own fancies. However the first warning came with the introduction of GMO's as an alternate method of food source. The world watched in fascination at these developments with only a whimper of protest which was effectively silenced. We are now facing the challenge of recomposting, a new scientific approach with the

facade of improving the quality of life by removing life.

There are two kinds of recomposting. The first being the process of gaining muscle whilst disposing of fat. This is more for those who follow a specific regime in the gym. The second recomposition is the new methodology of disrespecting the dead as well as making the dead a marketable product. The argument presented was on the basis of the funerals was too expensive and environment unfriendly. It is with excuse that Bill 5001 was passed in the Washington State Senate allowing for the composting of human corpses which the bill refers to as "natural organic reduction". There are two processes, the first where the corpse is placed in a steel casket and mixed with other natural elements to reduce the corpse to compost. The second method allows for a process of alkaline hydrolysis, otherwise known as liquid cremation and through this process the corpse is reduced to compost. The compost then becomes a marketable product. It has never been the intent of a human body to serve as compost. The whole idea of marketing it as the readymade solution to our problems is not only ridiculous but would only attract the extreme dim-witted person to buy into this kind of marketing propaganda. However the above view could only find a basis in a sound society. If the second method has been approved and legalized in nineteen states in America the classification of the global society as "sound" needs to be explored. Set aside the moral issue for a while and ask what the health effect of food produced in human compost will have? Whatever research on the health effect of recomposting, if any produced in this regard must be treated with even more caution than G.M.O's whose real affect on the consumer has been hidden. What role would this composting have on the spread of communicable diseases?

The blatant lie of this recomposting being the alternative to an exorbitant industry becomes exposed with the first two issues. The proposer of the Bill was a company called RECOMPOSE who trades in this concept. In less than five days of the bill being passed amounts have already been spent on marketing this recomposting widely.

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Jeddah, SAUDI ARABIA - The Royal Saudi Air Defense Forces intercepted and destroyed two missiles launched from Yemen by the Houthi militias which were reported to have been heading toward Makkah and Jeddah. Videos circulating on social media reportedly show the second missile being intercepted and destroyed in the skies over King Abdulaziz International Airport. Dr. Hamdan Al-Shehri, a Saudi political analyst and international relations scholar, said: "This isn't the first time that the Houthis ... fired missiles close to the holy city of Makkah. They have no qualms about attacking the holiest place in Islam." Yemen's government also condemned the Houthis' attempt to target Makkah, calling it "a full-fledged terrorist attack." Saudi security forces have intercepted and destroyed 227 ballistic missiles launched by the Houthis at the Kingdom since 2015.

Jeddah, SAUDI ARABIA - The Independent Permanent Human Rights Commission (IPHRC) of the Organization of Islamic Cooperation (OIC) has said it is following with great concern the increasing violence and attacks against Muslims across many regions of Sri Lanka, including horrific attacks on their homes, mosques and businesses by mobs and extremist Buddhist nationalists.

While welcoming the unequivocal condemnation expressed by the government, and various political, religious and community leaders toward the hate-mongering and violence carried out against Muslims recently, IPHRC called upon the Government of Sri Lanka to ensure the safety and security of all its Muslim population and other minorities, including religious groups, by taking concrete measures, and to speedily bring

to justice the perpetrators of the recent heinous crimes to prevent further violence in the future, according to a Commission's statement. Referring to the cowardly attacks carried out last month on churches and hotels in Sri Lanka, the Commission reiterated its firm position against terrorism as a grave human rights violation in all its forms and manifestations, and stressed that no community should be held responsible for the actions of a few extremists from any religion.

Ramallah, PALESTINE - The Palestinian Ministry of Foreign Affairs and Expatriates welcomed the decision announced by Czech Prime Minister Andrej Babi, reaffirming that his country will not relocate its embassy in Israel to Jerusalem. The ministry commended the Czech Republic's commitment to the United Nations' resolutions and international law as well as the European Union's position on the legal status of Jerusalem. According to news reports, Prime Minister Andrej Babi said this week his country will not break the UN and EU policy and relocate their embassy in Tel Aviv to Jerusalem, as the US and a few other countries have done.

Islamabad, PAKISTAN - The country has successfully test-fired a long-range ballistic missile capable of carrying both nuclear and conventional warheads. A statement from the information department of Pakistan's military said the surface-to-surface Shaheen-II missile, which has a range of up to 1,500 kilometres, ended in the Arabian Sea. The indigenously produced Shaheen-II medium range is a highly capable missile

which fully meets Pakistan's strategic needs towards the maintenance of deterrence stability in the region, the statement added.

Jeddah, SAUDI ARABIA - The Organization of Islamic Cooperation (OIC) has called on all its member states and humanitarian organizations to undertake all kinds of relevant actions to raise awareness of the issues of orphans and their needs on the occasion of the Orphan's Day in the Muslim World, celebrated annually on the 15th of Ramadan. The OIC launched a special program for the welfare and protection of orphans after the Tsunami catastrophe that hit Indonesia and a number of other countries. The 40th session of the OIC Council of Foreign Ministers (CFM), held in Conakry, the Republic of Guinea, on 9-11 December 2013, had issued a resolution setting the date of 15 Ramadan of each year as Orphan's Day in the Islamic World to raise awareness about their issues and needs.

Pretoria, SOUTH AFRICA - Member of the Executive Committee of the Palestine Liberation Organization (PLO) Ahmad Majdalani delivered a letter from President Mahmoud Abbas to newly sworn-in South African President, Cyril Ramaphosa, during his inauguration in Pretoria. The PLO official called on South Africa to salvage the two-state solution and to continue to stand on Palestine's side amidst the recent US unilateral moves, as well as to support an international peace conference in accordance with the initiative of President Abbas on the basis of international legitimacy resolutions and the Arab Peace Initiative.

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