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SEARCHING FOR THE ANSWER

Some are stocked up so abundantly they could hardly consume their shares in 5 lifetimes. Others are stressed over not being able to pay rent.

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Humanity is a scarce consideration. Force is used to implement the aspirations of one group over another. In civilised terms we call it War. Its consequences are lives, blood, land, and life-long scars.

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Different wills, different goals, different values. Some are good some are evil. The only legacy modern civilisation has left is a pattern of destruction for gain.

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inviting the entire creation away from conflict. Towards peace.

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The only solution is Islam.

Where Islam is absent there will be conflict. Whether in a home or a country. Even in a relationship. A man can even be in conflict with himself.

Its not a bad idea the world found out about Islam. Some are nearly there. They call themselves the muslims and they profess the Islamic faith. But they follow the man-made religions of the world. No not christianity or buddhism. Materialism-the religion of hate!

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SUHAIL IBN AMR ﷺ

Suhail Ibn Amr was captured by the Muslim army in the battle of Badr. Suhail was at that time an obstinate polytheist who forcefully and boldly voiced his antagonism towards Islam. It was thus requested by Umar Ibn Al-Khattab ؓ that he be allowed to extract the teeth of Suhail so that no one would speak against the Messenger ﷺ of ALLAH after that day. The noble Messenger ﷺ replied in the negative. He ﷺ declared that he could not treat anyone harshly as he did not want harsh treatment from ALLAH. The Prophet ﷺ further added that it may be that Suhail will take a stand tomorrow that will please us. This prophecy as you will see, became an indisputable fact in time to come.

Suhail Ibn Amr was an intelligent and prominent leader of the Quraish. He was actively involved in all opposition towards Islam and the Messenger ﷺ. In the year A.H. 6 the messenger ﷺ and his Companions had planned to perform Umrah. They were going to enter Makkah, but made it clear that they had no intention of engaging in fighting. The Quraish were determined to impede the Muslims and stop them from reaching their aim. Many messengers were sent to the Prophet ﷺ, each with a mission to stop the Muslims 'dead in their tracks.' Each one came back unsuccessful. At last the strongest and cleverest of all was sent, Urwah Ibn Mas'ud Ath-Thaqafiy. Even he however could not make them budge.

It was eventually decided that negotiation and reconciliation was the better route to pursue. The best man for this job was undoubtedly Suhail Ibn Amr. A long dialogue took place between Suhail and the Prophet ﷺ. The noble Prophet ﷺ was tolerant and lenient. This allowed for successful negotiation and the formulation of a peace treaty.

In time to come the Quraish had violated the treaty. In the year A.H 8 the Muslims embarked on their long awaited conquest of Makkah. The Muhaajiruun were finally able to return to their homes from which they were forcefully and violently removed. The Muslims marched into Makkah with their victorious flags held up high.

The polytheists were astounded. They fully realized the extent of the torment they had subjected the Muslims to and couldn't bare to imagine what retaliation would be their fate. The Mercy Unto Mandkind ﷺ was aware of their fears and wanted to relieve them of it. In a tender and loving voice He ﷺ asked: "O people of Quraish, what do you think I will do with you?" Suhail Ibn Amr came forward and replied "we think you will treat us well, O noble brother and son of a noble brother." The Merciful Prophet ﷺ smiled and responded, "Go, you are free, liberated." The inspirational reaction of the Prophet ﷺ was enough to melt Suhail's heart. He was filled with humility and repentance, and ready to

surrender himself to this beautiful religion. Suhail did not merely resort to comply because he knew defeat was on his doorstep. Rather, he was a man "overwhelmed and fascinated by the majesty of Muhammed ﷺ and the grandeur of the religion that Muhammed ﷺ demonstrated." Their were many others who submitted to Islam on the day of the conquest of Makkah. The devotion, sincerity and sacrifice, which they rendered to Islam, thereafter raised them to the ranks of righteous Companions. Suhail was one of these fortunate men.

Suhail was purified, his skills renewed and conviction converted. He became a pious slave of Islam who ensured that he excelled in every aspect of worship. Suhail spent all his time in Ibaadat, fasting and charity. He would often cry out of fear of ALLAH ﷻ.

At that auspicious time when The Glorious Prophet ﷺ of ALLAH departed from this mundane world to meet the Lord of the worlds, Suhail was living in Makkah. The people of Makkah were just as shocked and confused as the inhabitants of Madinah on receiving the news. In the same way that Abu Bakr ؓ cleared the confusion in Madinah, Suhail took hold of the reigns in Makkah. He gathered the Muslims and addressed them with the most pertinent words. He expressed that although the Prophet ﷺ had passed on, he ﷺ was still the Messenger of ALLAH. Suhail further conveyed that the Prophet ﷺ had devotedly completed his duty and conveyed the message in its entirety before leaving this world. It was now the duty of the Muslims to keep the message alive and strengthen it through following the Sunnah of the Beloved ﷺ. The prophecy had indeed materialised! Those teeth, which Umar (R.A.) wanted to destroy, had produced poetry at a time when things could easily have gone astray.

Suhail vowed that he would give to Islam commitment equal to and even greater than that which he spent in the path of polytheism. He would fight as many battles, spend as much money in charity and pray even longer in front of ALLAH, than he did with the idols. Suhail would not let an opportunity pass in which he could live up to his oath. He continued to strive to fulfil this commitment right up until his demise.

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THIEVES AND SULTAN MAHMOOD GHAZNAVI

MOULANA JALALUDDIN RUMI

Hazrat Sultan Mahmood Ghaznawi often used to patrol in nights by changing his appearance and by doing so, he used to be aware of the internal matters of his people and then he would resolve their problems. One night when he went out patrolling and passed through an isolated area where he heard some people talking softly. He also went and sat with them, and asked them after greeting, "Who are you and what are you doing here so late in the night?" They replied, "We are thieves. Now, tell us about you?" Sultan replied, "I am also someone like you." They became happy hearing this and welcomed him to join. They were bragging about their talent and skills to one another.

One of them said, "My hearing is so sharp that when a dog barks from a great distance I can understand what he is trying to say." They all said, "Wow! That's amazing!"

The second man said, "My vision is so good that if I see someone in the dark night once I can instantly spot him in the daylight."

The third one said, "My arms are so strong that I can break through any wall."

The fourth of them said, "I can just smell and tell where the treasure is."

The fifth said, "My hands are very powerful."

They all looked at the Sultan and said, "Now it's your turn pal. What skills do you possess?"

Sultan replied, "There is a special power in my beard by Allah's grace that can get the accused out of prison, and when someone is accused of a murder and I were to shake my beard they are freed with dignity."

Those fools then said, "Bravo! You are the most amazing of all of us. Now, we do not have to worry about anything."

Thereafter they began to make their strategy of stealing, and when they headed towards Sultan's

house, one heard the dog barking, and the thief that claimed to have the skill of understanding the dog's bark said in a suppressed voice caused by fear, "Oh no! The dog is saying that the Sultan is next to you." The other thief said laughing at him, "What's wrong with you, buddy? What Sultan got to do here? He must be resting on his bed and snoring."

The third of them said, "Listen up, the royal treasure is very close, now, show what you've got."

The one with the powerful hands threw a scaling ladder and then all climbed on the roof, the one with strong arms broke into the wall and helped them enter the room where the royal treasure was preserved. They all collected whatever they could get their hands on; gold coins, diamonds, rubies utensils mad of gold and silver etc.. and then ran away to a place where they used to hide after hiding the treasure in a safe place. Sultan ran away from there when he found the right opportunity and the next day, he identified the place and told the soldiers to go and arrest the thieves. They conducted a raid and captured all of them. They all were shivering with fear when they were being for appearance in the court. When the one who was able to spot in the daylight someone he saw in the dark night, recognised the Sultan, he pleaded to him respectfully, "We all used our skills and none of our skills can save our lives, for indeed, all our skills invited evil, bad fortune and calamities, and finally it got our hands and legs tied and we are standing at the edge of death. Our skills cannot help us get rid of death, so I beg you, my companion of night, to show your skill and give your beard a movement so our lives can be spared."

Sultan became tender after hearing his plea and commanded to free them.

Lesson:

Good skills are helpful at the time of hardship while evil ones turn into separated threads of a rope.

SUFEI WAIS DOOMI



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Je suis Hypocrite!

BY SURAYA DADOO - MEDIA REVIEW NETWORK -

As the world stood in solidarity after the Charlie Hebdo atrocity, world leaders cynically used Paris to hide their own violations of press freedom, writes Suraya Dadoo.

In the days immediately following the Charlie Hebdo bloodbath, there was an unprecedented global outpouring of solidarity, culminating on Sunday, 11 January, when 40 heads of state 'led' more than a million people in a march to honour the victims of the Paris shootings. Perhaps we should have smelt a rat when a wide shot displayed on French TV news reports showed that the front line of leaders was followed by a dozen rows of other dignitaries and security officials. It seemed that the world leaders didn't really lead marchers in Paris but conducted a photo-op on an empty, guarded street.

But that's not where this "pseudo-solidarity" (to borrow American commentator, Gerry Hassan's term) ends. A quick scan of the first row revealed that nine of the countries represented by leaders and dignitaries in the march for 'press freedom' are themselves in the bottom third of Reporters Without Borders World Press Freedom Index! Eleven days into 2015, and we already had a strong contender for Irony Moment of the Year.

I had to remind myself that I was reading the New York Times editorial and not The Onion, when images of the prime minister of the country that imprisons more journalists than any other country in the world (Turkey) and the sheikh from a Gulf state that jailed a man for 15 years for writing a poem (Qatar) was hailed as "unity in outrage".

Egypt's Abdel-Fattah al-Sisi, through his foreign minister Sameh Shoukry, led the pack in the march for freedom of speech – just not for Al-Jazeera journalists Peter Greste (released this week), Baher Mohamed, and Mohamed Fahmy, who have been languishing in Egyptian jails for over a year. Saudi Arabia was also represented by its ambassador, just two days after blogger, Raif Badawi, received the first 50 of a thousand lash sentence for "insulting Islam".

Under the leadership of Benjamin Netanyahu, Israel has killed more journalists than any other country in the world – apart from Syria. In its 50-day war in Gaza in July, Israel killed 17 journalists. In 2013, Palestinian cartoonist, Mohammad Saba'aneh, was arrested and detained without charge for five months. Not to be outdone, Palestinian president Mahmoud Abbas had several journalists jailed for insulting him in 2013.

King Abdullah of Jordan sentenced a Palestinian journalist to 15 years in prison with hard labour. Algeria, represented in the march by its foreign minister Ramtane Lamamra, has detained journalist Abdessami Abdelhai for 15 months without charge. Mehdi Jomaa, prime minister of Tunisia, recently

imprisoned blogger Yassine Ayan for three years under the accusation of "defaming the military".

Bahrain is the second biggest jailer of journalists per capita in the world, yet it was brazenly represented in the march by its foreign minister. Post-Paris march, the country continued to protect free speech post by sentencing politician Sayed Jameel Kadhém to six months in prison for criticising the elections.

Europe, too, has its predators of press freedom. Nato, represented in Paris by its secretary-general Anders Fogh Rasmussen, is yet to be held accountable for deliberately bombing and killing 16 Serbian journalists in 1999. Polish Prime Minister, Ewa Kopacz, proudly marched for a free press even though her government raided a magazine to seize recordings that the ruling party found "embarrassing". Russian foreign minister Sergei Lavrov represented a country with one of the highest rates of censorship.

So, you can understand why I found it difficult not to laugh when CNN journalists gushed over this high-level support for freedom of speech from these newfound press freedom luminaries.

Freedom of expression and the media has never been – nor should it be – absolute. Even Charlie Hebdo acknowledged this in 2008, when one of the magazine's cartoonists, Maurice Sinet, who worked under the pen name Sine, faced charges of "inciting racial hatred" for a column he wrote that suggested that then-President Nicolas Sarkozy's son was converting to Judaism for financial reasons. Charlie Hebdo's editor, Philippe Val, asked Sinet to apologise but he refused, and was fired by the magazine.

But to have some of the most vicious governmental enemies of press freedom, who are currently waging their own war against journalists and commentators, championing the cause of free speech is an insult, not just to the victims in Paris, but to all those denied basic media freedoms.

Many of the leaders at the Paris march had no right to proclaim their solidarity with Charlie. Rather, their signs should have read: "Je suis Hypocrite"



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HIJAMA /CUPPING

A CURE FOR ALL DISEASES, AILMENTS AND PAINS(WITH THE PERMISSION OF THE ALMIGHTY)

Hijama derives from the Arabic language meaning to “draw out or drawing out”. It is a Sunnah practice that was done by the our beloved Prophet ﷺ and is commonly known as cupping. Hijama is safe non- invasive and economical way of preventing diseases as our beloved Prophet ﷺ states “Indeed the best remedies you have is cupping (Hijama)” [Saheeh as- Bukhaaree (5371)]

There are three types of cupping: 1. Dry cupping- this is a process where a cup (small vacuum like structure) is used in order to gather the blood circulating in the area without any incisions causing less pain. 2. Dry massage cupping- this is almost similar to dry cupping the only difference however is olive oil or any other type of oil that is suitable for massaging is applied to the skin in order to allow easy movement of the cups (vacuum like structure). 3. Wet cupping- this is a process that involves a small incision in order to remove the “harmful or dirty” blood which lies beneath the surface of the skin. This procedure should and is always encouraged to be performed by a cupping therapist/practitioner. Hijama is an ancient bloodletting technique that has been in use in many countries to treat certain diseases or bodily disorders. While the Chinese seems to have done a leading role in using this bloodletting technique to treat certain diseases, the Arabs have adopted it as a much-stressed Sunnah of the Prophet ﷺ. The Europeans were also doing cupping to treat many diseases. The difference between the Arabs or Muslims and others in doing Hijama was not hidden while believers were more interested to do Hijama as the Sunnah of the Prophet ﷺ (without questioning about anything), others were doing it as a pure medical benefit.

The first and top-level benefit of Hijama for a believer is the reward he or she will get, both heavenly and worldly, after following a stressed Sunnah of the Prophet ﷺ. Not only the believers but also anyone can openly observe or experience the benefits that are bestowed on the followers of the commands of the Almighty and His Prophet ﷺ. On the other hand, when we look at this bloodletting technique from a worldly perspective, we can find that Hijama has many benefits.

It is noted that Hijama promotes the flow of energy in the blood. It removes toxins and other waste material from the blood. It helps fasten recovery time and people recover from diseases much faster after Hijama. Hijama is

known to prevent many diseases and, therefore, can be considered one of the best preventive measures against many diseases. Moreover, it is also noted that Hijama can help those people as well who are under some magic spell or who are under the influence of some evil beings.

Hijama has no side effects as long as performed properly. It is also worth noting that about 70% diseases or disorders are caused by the failure of blood to circulate properly in the body. Furthermore, we get sick or our body organs fail to perform healthily when our blood keep circulating loaded with toxins and other impurities. Unless the toxic waste is removed from the body or from the blood, not only we do not recover fast from a disease but also become easy victim to other diseases or disorder. Hijama is the best way to remove the toxic waste from the blood stream and the results will obviously be a healthy and properly functioning body. We should never forget that this highly useful and recommended Sunnah of the Prophet ﷺ helps us in controlling many diseases such as infections, hypertension, circulatory diseases, pains, infertility, cancer, etc.

Hijama is the cure for every disease or ailment when performed at the correct time. According to [Saheeh Sunan abi Dawud (3861)] the best cupping dates are on the 17th, 19th or 21st of the Islamic month, however any other day is suitable besides a Wednesday cupping is permissible whilst fasting as our beloved Prophet ﷺ did this during Ramadaan as well as when He ﷺ was in ihraam. There are many benefits of this Sunnah (to mention a few) it helps with weight problems, removes the effects of drugs, poisons, skin problems, emotional problems such as depression, easing of bodily pains such as headaches, menstrual cramps, muscle and back pains, prevention of arthritis, anemia, constipation and diarrhea ,an excellent stress reliever! And lastly it helps in cases of Sihir (black magic and jinn). The importance of this Sunnah was mentioned by angels to the Prophet on the night of Israa [Saheeh Sunan Tirmidhi (3479)] “Oh Muhammad, order your Ummah (nation) with cupping (Hijama)”. Indeed Hijama is the cure to every disease and ailment that is sent by the Almighty.

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THE DESTRUCTION OF NAMROOD

Compiled from Irshad: Wisdom of a Sufi Master by Shaikh Muzafer Al Jerrahi

Namrood's destruction was at hand. Allah Ta'ala had given him enough time to reform. But he imagined he had himself to thank for the respite he had been granted. He had become more and more cruel and unjust. His despotism knew no bounds. He summoned Hazrat Ibrahim (Alaihis Salaam) and said to him, "Tell your Allah that I neither fear Him nor need Him! Go tell Him that the whole world is in awe of me. All people are obedient to my command. If He is the God of heaven, I am God of the earth. Where are His armies? If the sky fell on my troops, they could hold it up with their lances. Tell Him I challenge Him to a battle. He has no say on earth. The whole earth belongs to me; it is my kingdom!"

The answer was revealed to Hazrat Ibrahim (Alaihis Salaam): "Let him come to such and such a place, where I shall do battle with him!" The venerable Ibrahim Khaleelullah (Alaihis Salaam) passed the news to Namrood. On the day appointed, the brigades and regiments assembled on the battlefield, forming themselves in ranks. The Glorified and Exalted Rabb gave His army of mosquitoes their orders, and then sent these humble creatures into action against the proud and stubborn unbeliever who claimed to be deity. The skies turned black as Namrood's horde stood ready for battle.

When the order was given, the host of mosquitoes hurled themselves in their hundreds of millions against the army of the enemy of Allah. They filled the soldiers' mouths, eyes and ears, biting with a vengeance. When the cavalry horses met the mosquitoes' onslaught, they started to bolt in all directions, unseating their riders as they fled. In the space of half an hour, destruction had overtaken Namrood's army, more than a hundred thousand strong.

Namrood himself left the battlefield, taking refuge in one of his castles. He thought he had saved his life by stopping up all doors and windows. In spite of the great miracle he had witnessed, he could not bring himself to repent and accept the Oneness of Allah Ta'ala. How could he do so, without overcoming his arrogance and pride? The scoundrel was wilfully obstinate in his disbelief.

One lame mosquito, with a damaged wing, had been unable to obey the Divine Command to attack this stubborn infidel. It now addresses itself to Allah Ta'ala, saying, "Oh Allah, what a sinful and luckless creature I must be, that You should deprive me of my share in this battle. If only my leg and my wing had been sound, I would have done my bit in fighting this enemy of Yours!" Almighty Allah, Lord of the worlds, then gave it the command, "Go now! You destroy that accursed one!"

The lame mosquito made its way, limping to the castle where Namrood was hiding. Getting in through a keyhole, it went and settled on Namrood's knee. There it rested, recovering from its exhaustion. Namrood spotted the insect and tried to kill it, but the mosquito settled on his other knee. As it rested there, it seemed to say, "You once told the venerable Ibrahim (Alaihis Salaam) that you had the power of life and death. You sought to prove it by killing one man and letting another go free. Come, what is stopping you from killing me now?"

Namrood could not kill the insect, no matter how hard he tried. Allah Ta'ala was demonstrating his weakness to him, as if to say, "Unless I will it, you cannot kill! When you

killed men by My will, you imagined that you had granted them death. Look, you are a nonentity. You used the kingdom I gave you as a pretext for disobeying Me. You are nothing! What has become of the arrogance of yours? Where are your armies? Where is your divinity? Look, you have been conquered by that humble creature of Mine, the mosquito. You have been disgraced!"

For all his efforts Namrood still could not kill the mosquito, which now went up inside his nose.

Once upon a time, Namrood had wanted to burn Hazrat Ibrahim (Alaihis Salaam) in the fire, but in that he had also failed. The fire would not burn. Fire is only the secondary cause, the Real Cause being Almighty Allah.

The mosquito started eating the membrane of Namrood's brain. The tyrant beat his head from rock to rock. Now he had really begun to feel the pain of his defeat. He had felt no sympathy for the hundred thousand soldiers he had left on the battlefield, nor for their bereaved parents. His only thought had been to save his filthy skin and rotten soul by running to hide in his castle; but hiding could not save him from the dreaded claws of death.

How many lives he had slaughtered, how many houses he had destroyed, how many brains he had dashed out. Now he was dashing his own head against the rocks and walls; now he was suffering himself the pain he had inflicted on others. Those people who oppress others should take heed of Namrood's condition and remember that Allah Ta'ala will give you enough time and respite, but the day His Wrath befalls you then there is no escape.

Namrood appointed salaried officials to hit him on the head with mallets. The blows gave him a brief respite, since they interrupted the insect's work. As soon as the mosquito began eating his brain once more, he would cry, "Help! Hit me!" He would get angry with those who did not hit him hard enough, while he increased the salaries of those who were hard hitters.

The so called 'God of the earth' was being beaten by his own servants. One day, one of these servants wielded the mallet too hard, and Namrood's evil soul departed. They laid his filthy corpse in the pit of hell which was his grave.

We should learn from this incident that arrogance and pride will lead us to nothing but destruction in both the worlds. The more arrogant one is the more disgraced one would end up. (May Allah save us)



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HOW THE SAHABA ﷺ TREASURED THE SACRED HAIR! (BAAL MUBARAK)

Qazi Ayadh writes that Khalid ibn Walid ؓ had some hairs of the Prophet ﷺ in his cap. He used to wear this cap in battle and would be victorious with the blessings of the hairs of the Prophet ﷺ. In the battle of Yamama, his cap accidentally fell off during the battle. Rather than to continue fighting without the cap, Khalid ibn Walid ؓ began searching for his cap, despite the intensity of fighting going on at the time. The companions were astonished and confused when they saw him pursuing his cap rather than protecting his life from the enemies. After the battle, Khalid ibn Walid ؓ explained to the companions why the cap was so valuable:

"I did not do it for the cap itself, but because of the hair of the Prophet ﷺ that was in it so I would not be stripped of its blessing and to avoid it falling into the hands of the idol-worshippers."

There are many lessons to be learnt from this heart-warming episode. Firstly, it was the belief and conviction of Khalid ibn Walid ؓ that such was the power and Baraka of the hair, that it was a means to victory in battles. Secondly, Khalid ibn Walid ؓ valued the hair more than his own life. In the heat of the battle, when the enemies were pressing forward and threatening to kill the Muslims, Khalid ibn Walid ؓ was more anxious to preserve the Prophet's ﷺ hair than his own life. Finally, the enemies of the Prophet ﷺ have no right to his blessings and tabarruk.

Further details on Prophet (ﷺ)'s hair

From the authentic Ahadith, it is clear that preserving and respecting the hairs is a practice which the Prophet ﷺ himself encouraged:

* Imam Bukhari narrates in his Sahih from Anas ibn Malik that: 'When the Prophet ﷺ had his head shaved (on the occasion of Hajj), Abu Talha was the first to take his hairs.'

* Hazrat Anas ؓ reports: 'I saw the Prophet ﷺ when the barber was cutting his hair. The Companions were circulating him. Each one wanted the blessed hairs to fall in their hands.'

* If his hairs were of no importance or significance, the Prophet ﷺ would have prohibited his Companions ؓ from preserving them. No report is to be found as such. On the contrary, we find that the Prophet ﷺ wanted his Companions to keep them, as a form of Baraka. The report of Imam Muslim ؓ clearly highlights this, where Abu Talha ؓ was explicitly told by the Prophet ﷺ: 'Distribute the hairs amongst the people.'

They would seek peace and bliss in the grave from its baraka.

* Hazrat Anas ibn Mālik ؓ requested to be buried with the hairs of the Prophet ﷺ under his tongue.

* Hazrat Mu'āwiya ؓ possessed the shirt, nails and hairs of the Prophet ﷺ. He asked to be buried with these relics. When he made this bequest he remarked: 'If anything will benefit me [in the grave], then these relics will.'

* Imām Ahmad ibn Hanbal ؓ had three hairs from the body of the Prophet ﷺ. He requested to be buried with one placed on his mouth and the other two on each eye.

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USUKU: ULWESIHLANU 3 APRIL 2015
INDAWO: SAABERIE CHISHTY DAWAH CENTRE
7073 Drieziek Ext. 3
Programme / Uhlelo
9:00 am Emashini (Juloos March) kusuka eStop sign eDrieziek 3/5
commencing from the STOP sign in Drieziek 3/5 to the Dawah Centre
10:00 am Kuzobese kufunda abantwana base (Items to be presented by)
Saaberie Chishty Dawah Centre Learners.
11:00 am Inkulumo kanye nokuboyiswa kwezimpendulo
C QIRAAT C NAAT C LECTURE BY GUESTS:
Inkulumo nge Islam (inkolo yokuthula)
12:30 pm Presentation of Awards
Abantwana bazuphiwa izipho abaphume phambili
1:00 pm Jumuah Salaah - Umthandazo wasemini
Followed by Salaato Salaam, Dua & Lunch
Kuzolandela isalaato salaam,
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BY MOULANA
SHAH FAISAL
KHAN SAHEB

SALAAH WHILE SITTING

Q1) If someone's knees are painning, can he perform Salaah while sitting?

A1) The standing posture in Salaah is called Qiyaam, and Qiyaam is a Faraaidh of Namaaz.

Qiyaam:

1. The last level of Qiyaam is that if the hands are stretched, they should not reach the knees whereas complete Qiyaam is to stand erect. [Radd ul Mukhtar p163 vol2].

2. The duration of Qiraat and Qiyaam is same, standing in Qiyaam is Fard, Waajib or Sunnah for as long as Fard Qiraat, Waajib Qiraat or Sunnah requires respectively [Radd ul Mukhtar p163 vol2].

3. Qiyaam is fard for fard, witr, eidain and the sunnah of fajr salaah. If anyone offered ny of these salaah whilst siting, without a valid reason, salaah will be invalid. [Radd ul Mukhtar p163 vol2].

4. Feeling just a slight pain in standing position is not a valid excuse, instead a person can be exempted from Qiyaam when he/she is unable to perform sajda or when a wound bleeds due to standing or performing sajda, or a drop of urine is released, or his quarter satr is exposed, or he is quite unable to do Qiraat. Similarly, if a person is able enough to stand but it will result in the intensity or prolongation of his illness or unbearable pain, he can offer salaah whilst sitting. [Ghunyah p261-267]

5. If it is possible to stand for qiyaam, leaning on something (crutches) or a wall, or by the help of a servant, it is fard to do so. [Ghunyah p261]

6. If it is possible to utter just the takbeer-e-tahreema while standing, it is fard to utter the first Allahu Akbar while standing, and then (if it is not possible to remain standing anymore) he may sit down. [Ghunyah p261].

Beware! The people who offer their Fard salaah sitting due to slight pain or injury should consider the forgoing rule of Shariah, it is fard to repeat any such salaah offered sitting despite having the strength to stand. Similarly it is fard to repeat all such salaah offered sitting despite the fact that they could have been performed standing while leaning against something or with the help of someone else.

The same rule applies to women, i.e. they are not allowed to offer salaah in a sitting position without a shari permission.

7. Some masaajids provide chairs on which some old people sit and offer Salaah despite coming to the masjid on foot, they even talk with others while standing after salaah. If such people offer their salaah while sitting without shari permission, their salaah will be invalid.

8. It is permissible to offer nafil salaah sitting despite having the strength to stand, however, it is better to offer it standing. Hazrat Sayyiduna Abdullah bin Amr narrates that Rasoolullah ﷺ said, "The salaah of the one offering in sitting posture is half as the one offering while standing.

However, the sawaab will not be reduced if someone offers it sitting with a valid reason. Nowadays the trend of offering nafil salaah in sitting posture has developed. People seem to be under the impression that offering these nafil salaah while sitting would be better, it is their misconception.

The same ruling applies to the 2 rakaat nafil after the witr salaah.



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HEAT EXHAUSTION

COMPILED BY HASINA BEGUM SAYED

Heat exhaustion is a heat-related illness that can occur after you've been exposed to high temperatures, and it often is accompanied by dehydration.

There are two types of heat exhaustion:

- * Water depletion. Signs include excessive thirst, weakness, headache, and loss of consciousness.
- * Salt depletion. Signs include nausea and vomiting, muscle cramps, and dizziness.

Although heat exhaustion isn't as serious as heat stroke, it isn't something to be taken lightly. Without proper intervention, heat exhaustion can progress to heat stroke, which can damage the brain and other vital organs, and even cause death.

Symptoms of Heat Exhaustion

The most common signs and symptoms of heat exhaustion include:

- * Confusion
- * Dark-colored urine (a sign of dehydration)
- * Dizziness
- * Fainting
- * Fatigue
- * Headache
- * Muscle or abdominal cramps
- * Nausea, vomiting, or diarrhea
- * Pale skin
- * Profuse sweating
- * Rapid heartbeat

Treatment for Heat Exhaustion

If you, or anyone else, has symptoms of heat exhaustion, it's essential to immediately get out of the heat and rest, preferably in an air-conditioned room. If you can't get inside, try to find the nearest cool and shady place.

Other recommended strategies include:

- * Drink plenty of fluid (avoid caffeine and alcohol).
- * Remove any tight or unnecessary clothing.
- * Take a cool shower, bath, or sponge bath.
- * Apply other cooling measures such as fans or ice towels.

If such measures fail to provide relief within 15 minutes, seek emergency medical help, because untreated heat exhaustion can progress to heat stroke.

After you've recovered from heat exhaustion, you'll probably be more sensitive to high temperatures during the following week. So it's best to avoid hot weather and heavy exercise until your doctor tells you that it's safe to resume your normal activities.

Risk factors associated with heat-related illness include:

- * Age. Infants and children up to age 4, and adults over age 65, are particularly vulnerable because they adjust to heat more slowly than other people.

- * Certain health conditions. These include heart, lung, or kidney disease, obesity or underweight, high blood pressure, diabetes, mental illness, sickle cell trait, alcoholism, sunburn, and any conditions that cause fever. People with diabetes are at increased risk of emergency room visits, hospitalization, and death from heat-related illness and may be especially likely to underestimate their risk during heat waves.

Medications

These include some medicines in the following classes: diuretics, sedatives, tranquilizers, stimulants, heart and blood pressure medications, and medications for psychiatric conditions.

Check with your doctor to see if your health conditions and medications are likely to affect your ability to cope with extreme heat and humidity.

Preventing Heat Exhaustion

When the heat index is high, it's best to stay inside in air conditioning. If you must go outdoors, you can prevent heat exhaustion by taking these steps:

- * Wear lightweight, light-colored, loose-fitting clothing, and a wide-brimmed hat.
- * Use a sunscreen with an SPF of 30 or more.*
- Drink extra fluids. To prevent dehydration, drink plenty of water, fruit juice, or vegetable juice per day. Because heat-related illness also can result from salt depletion, it may be advisable to substitute an electrolyte-rich sports drink for water during periods of extreme heat and humidity. Ask your doctor about the best types of fluid and how much you should be drinking.

* A general recommendation for those doing moderate- to high-intensity exercise is to drink water two to three hours before exercise.

* Avoid fluids containing either caffeine because both it can make you lose more fluids and worsen heat exhaustion. If you have epilepsy or heart, kidney, or liver disease, are on a fluid-restricted diet, or have a problem with fluid retention, check with your doctor before increasing liquid intake.

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TOUCH OF GRACE

BY SHEIKH ZUZE ISHAAQ - HEAD OF DAWAH ACTIVITIES AT ORANGE FARM

Dawah Centre is destined to play an important role in history making of Islam, and to establish the stand story of its activities. It is of this interest to know that we are here from those whose selfless efforts, dedication, and spiritual guidance that have a significant profound influence with the touch of grace, the great examples of Baba Fareed Shakar Ganj, Saints like Mouniddin Chishti and all of Chishti order, the most illustrious of their lives, Awliya Makhdom Ali Ahmad Sabr, and Hazrat Makhdom Ashraf Jahangir Samnani R.A. - May Almighty Allah Bless them all Ameen!

As we are blessed to be the pioneers of the above Salaa-sil order, we are destined to play an important duty in the strengthening the building of Islam with an absolute conscience of the Muslim acute sense of love. Their supplications have grown us from strength to strength and may it always remain a haven and a beacon of light and guidance. So overwhelmed, delighted in all responses that this Centre always has an upright moral character that is so special in everything, special Days & nights, months and years, thus upholding the teachings of Islam. It's so amazing that we find people spiritually hungry in every corner of this community since early this year' most parents of our own Madresa children have embraced Islam, and this is a Touch of kindness and compassion.

Once again, it is of a pleasure for us on the occasion of Meeladun-Nabi annual Jalsa preparation in less than a month to come (April-good Friday), as we are now getting ready with the settings at hand of beautiful recital of Nazm's in Praise of our Beloved Nabi Muhammad (saw), and poems and speeches of faith and happiness of a Muslim Life. This is the time to parade the purpose of the Dawah Centre and its prospects, with the ongoing Home visits, and Dawah Day Programmes that will intensify equity of brotherhood, fellowship, love and unity to all people around Orange Farm, so that they will be able to support us in every Islamic initiative activity for all to benefit. Such programmes bring people of different backgrounds together and I call this Centre an Inter-Faith, where with Islam- is leading this community

towards a prosperous social path.

As Sheikh Muhammad Riaaz Essack inspired us with a saying: 'Set a self-target, measure and monitor your success based on every attachment you have to the activities that this Centre provides', and to us it came to the realization of the importance of participation and the significance of commitment- a living faith of committing to a spiritual way of life.

As Jalsa approaches, it has indeed put us on tight schedule of everyday practice towards perfection... and this will change the community in way that over 500 people will come to support, in whatever form of Islamic knowledge to be delivered in our local languages will benefit people of all ages, as Islam has placed emphasis on the importance of learning and urges its followers to be active always in the pursuit of knowledge. We are all looking towards this day of a transformative influence the Dawah Centre will bring, to see our learners of this Madresa being honored from their respective class positions for undertaking an extensive learning behavior in education and morality. It is the moment where every Child wishes to be recognized for the efforts they put in their Islamic education. We will be welcoming the guest speakers from around the country or from abroad to come and bless and crown us with success. Undoubtedly these are countless blessings upon whom Allah bestows on us.

It is the key driver for change, a compassionate touch of modality, a social cohesiveness to the community that brings changes, laughter and happiness to people as it will be of educating awareness, campaigns, as well in regards to Islam such as 'Drugs Destroy our Community', as this interaction will yield a favorable response, and will eventually change someone's life. May Almighty Bless Saaberie Chishty Society, Saaberie Chishty Dawah Centre, and the efforts of all those who are part of it, which supports and contribute towards its growth and maintenance in whatever form and grant them Rewards in this life and the Aakhiraah!

Ameen!

NATIONAL INDEPENDENT HALAAL TRUST



"O Mankind ! Eat of the lawful and good things from what is in the earth, and follow not the evil. Surely he is an open enemy to you (S2: V168)"

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LEADERSHIP RULES

BY FAIZEL KHAMKAR

Do leadership rules according to a fixed set of rules which exists or do they govern by their own rules? Ideally the former should apply. Firstly it creates certainty. Secondly it develops an environment of justice and transparency. Thirdly it ensures equality. The reality however is that the ideal is as far remote from the actual happenings and leadership has created a set of rules which suits them. As Muslims we take comfort that the final judgement on which we will be reviewed will far exceed the most ideal method which we can possibly implement on this life. Furthermore if we wish to find a standard by which to lead we need only to cast our sight to the leadership of the leader of all of creation, Muhammad Mustapha (SAW).

Let us look at the recent happenings in our parliament. However let us take cognizance of the fact that this not unusual in our global society. Even in so called first world countries fisticuffs were reported to have taken place in parliament by parliamentarians. In our country an interesting scene arose in that decorum and regalia have taken precedence to content and societal concerns. Etiquette and good behaviour is an important factor in our daily lives and should not be discarded, however it must not be allowed to take central stage in order to deviate from good governance. The various forms of making a mockery of what leadership should represent (by all parties concerned) is not only intolerable but unbecoming. The truth is that unfortunately a finger cannot be pointed at only one party as everyone is guilty of escalating bad leadership qualities. It would be interesting to ponder on the fact that if personal gains were to be removed what potential outcome would emerge. As frivolous as it seems the consequences of bad leadership can be calamitous.

Casting our gaze to the so called example leader of leadership, The United States of America we once more find that leadership decisions will become a game of ping pong. The ball used in this game will be sent from the President to the two houses of legislation and back in an almost boring way for no other reason than to score points. This scenario happens because the executive and the legislation belong to two different political parties. This potentially could cripple the country which because of exceptionally poor

leadership has already bankrupted the country in all ways. The ball mentioned here is different legislation some of which could possibly be critical for the citizens of the country. The sarcastic spin doctoring that this is how a healthy democracy works no longer wash.

We find that the leaders of takfir in South Africa and other parts of the world are showing more boldness than shown in recent years. The dangers of this khawarij ideology are tackled in a very prejudiced way. It appears almost as if it is a no go area if it comes from sources not known or liked and on the other hand brushed aside if it comes from "comrades". If this was a new ideology we could possibly understand this, however we only have to visit books of history to understand the cancerous nature on society of this destructive actions. True Islam will outlive all of these attacks but blind leadership blinds this reality. Give some people the microphone and the power of the microphone takes over. Should true leadership be constrained by the awe of technology? Leadership in Islam must in reality mirror the leadership example of The Holy Prophet (SAW) and the noble Khulafa-e-Rashiddeen. No other standard or criteria should be allowed to overtake this position.

True leadership at the least should have the following concerns:

- * Accountability and honesty
- * Justice
- * Concern and interest of those being governed
- * Building societies
- * Forsaking personal gain for the common good of society
- * Noble characteristics (akhlaaq).
- * Consistency

It is our duty to vociferously (and in the right corridors) direct what leadership in all strata of society should be. In order to prevent the downward spiralling of our society we require leadership of the highest calibre. Let us not wait for leadership to be foisted on us but rather create the environment conducive to good leadership.

"When a man fears something
he moves away from it,
When he fears Allah
he moves closer to Him"

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IN FOCUS

INTERNATIONAL NEWS FOCUS

BY FAKIR HASSEN

Costa Mesa, USA - Representatives of the Muslim Women Network of Southern California handed out free Valentine's Day roses and cards to shoppers. Attached to the roses were cards containing quotes from Prophet Muhammad (PBUH) and Imam Ali Ibn Abi Talib aimed at promoting peace, unity, diversity and freedom.

New York, USA - Muslim women invited other community members to learn more about the Islamic culture on International Hijab Day by asking questions about the head scarf and trying one on themselves. "The public has this understanding that Muslim women are forced to cover ourselves. Our reason for wearing it is freedom. It is not oppression by any means," said Julie Boody, executive director of WNY Muslims. Hijab Day is an event held around the world to educate people about the hijab and why Muslim women wear one.

Calgary Alberta, CANADA- The Islamic Supreme Council of Canada has urged Canadian Prime Minister Stephen Harper to reverse his plans for the government to appeal a court ruling on veils. A judge ruled that a portion of the law requiring citizenship candidates to remove their face coverings while taking the oath was unlawful. The case had been brought by Zunera Ishaq, a Pakistani national who had sued the Minister of Citizenship and Immigration, claiming the government's policy on veils violated the Canadian Charter of Rights and Freedoms.

London, UK - The Muslim population of England and Wales is growing faster than the overall population. In 2011, 2.71 million Muslims lived in England and Wales, compared with 1.55 million in 2001. There were also 77,000 Muslims in Scotland and 3,800 in Northern Ireland. Half of the Muslims in England and Wales were born there and almost three-quarters (73%) identify themselves as British.

Moscow, RUSSIA - Due to the lack of mosques in Moscow, the Muslim community is raising funds to build several mosques on wheels, in a bid to offer the city's crowded places of worship some relief and make it easier for Muslims to pray. More than a million rubles (about R200 000) is needed to pay for two mobile mosques and six small stationary ones, which Muslims can summon to any part of the city by making a request online.

Ottawa, CANADA - Naheed Nenshi, mayor of Calgary in Canada, was voted the best mayor of the world in 2014 by the international firm City Mayor Foundation. Nenshi, a Canadian Muslim, is well known for his integrity, honesty and generosity. The prize was awarded on February 2 after he was picked from among a list of 933 mayors, surveyed by the public. Nenshi is the first Muslim to become mayor of a Canadian city of over a million inhabitants. Born to

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Tanzania immigrant parents of Indian origin, he was elected as mayor in October 2010.

Manila, PHILIPPINES - Local authorities in Cotabato City said the first modern halal abattoir in the country will be operational by this month after several delays in construction due to bad weather. Dr. Robert Malcontento, Cotabato City veterinary chief, said the slaughterhouse meets all the legal requirements and standards of halal meat, in terms of slaughter method, tools used, freezing and shipping.

Ankara, TURKEY - Shepherd Jorlar Youghal, from Selim, a town of Kars Province in the Eastern Anatolia region of Turkey, has found seven pieces of ancient silver coins with Arabic inscriptions, dating back to the reign of Caliph Umar ibn al-Khattab. Youghal, 53, said he discovered the coins, which date back to the reign of Umar ibn Al-Khattab, while he was collecting stones to build a cattle ranch. "Although it was reported that each piece is worth up to 900,000 pounds, I have favoured to deliver them to the museum because they represent an important historical value to the Muslim world".

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