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RABI-US-SAANI 1434/2013

MASS MAWLID WAS A SUCCESS

The Mass Mawlid celebration in Cape Town proved a point. Large numbers of our population still agree on the legitimacy of recognising and commemorating the birth of the Holy Prophet ﷺ.

Yes, the Wahhabites were there, salafi and deobandi minorities, hidden in the crowd, captured on camera exposing their dark agendas. Alhamdulillah, the function went on in spite of the slow start caused by a bomb scare.

Insha Allah a platform has been established for the purpose of bringing muslims together in focus of the greatest exemplar to humanity and civilisation, Sayyidina Muhammad Mustafa ﷺ.

Also, it could become a powerful means of advertising Islam to our neighbours and clearing suspicions hurled upon the religion by adverse media representation.

Our youth will also have an opportunity to learn some important lessons about their

religion, in a time dominated by immorality and materialism.

Yes, the platform is a big one and the potential for creating general Islamic awareness is not to be underestimated.

The theme, however, should never exclude the value of building recognition and love for the beloved of Allah, and the necessity to express extreme gratitude to Almighty Allah for his coming.

In future, we hope other centres in this country would also take the initiative, like Cape Town and Port Elizabeth, to conduct Eid Milaadun Nabi ﷺ on a similar scale.

As-Salaatu was-Salaamu Alayka Ya Muhammad, Ya Rasoolullah... wa alaa Aalika wa As'haabika Ya Rahmatal-lil-Aalameen!

**BIRTH OF THE NEW MOON FOR
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"O Mankind ! Eat of the lawful and good things from what is in the earth, and follow not the evil. Surely he is an open enemy to you (S2: V168)"

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ABU SUFYAAN AL HAARITH

(FROM DARKNESS TO LIGHT)

His story is one of being guided after straying from the path of truth. Can you imagine, Abu Sufyaan spent 20 years from the beginning of the revelation against Islam until the day of the conquest. His three brothers Nawfal, Rabii'ah and Abd'Allah converted to Islam before him. Abu Sufyaan was the cousin of the Prophet ﷺ, as he was the son AL-Haarith Ibn Abd Al-Muttalib. Furthermore he was the foster brother of the Prophet ﷺ, having been suckled for a few days by Halima Al-Sa'diyah.

One day destiny called him to meet his happy fate. He called his son Ja'far and said to him that we are going to submit ourselves to the Prophet ﷺ and to ALLAH Lord of the Worlds. With a repenting heart he began to ride his horse. At a place called Al-Abuwaa, he could see a great army approaching. He realized that it was the Prophet ﷺ moving towards Makkah. If anyone from the approaching army saw him they would definitely attack him. He disguised himself, then took his son and walked a while until he could clearly see the Beloved Prophet ﷺ. There were many companions around the Prophet ﷺ. Abu Sufyaan threw himself in front of the Prophet ﷺ and removed his disguise. At first when the Prophet ﷺ saw him he turned his face. Abu Sufyaan and his son both shouted, 'We bear witness there is no God but ALLAH and We bear witness that Muhammed ﷺ is the Messenger of ALLAH. The Prophet ﷺ told Ali Ibn Abi Taalib to teach his cousin ablution. The Prophet ﷺ then told Ali, "Tell the people that the Prophet ﷺ is pleased with Abu Sufyaan, so all of you be pleased with him.

There was a time at the Battle of Badr that Abu Sufyaan almost accepted Islam. Let him narrate to us the way he narrated to Abu Lahab after the Muslims defeated them. Abu Sufyaan said, "By ALLAH we have hardly begun fighting when it was as if we offered them our bodies and allowed them to do whatever they wanted. I swear by ALLAH, we met white men riding piebald horses filling the space between heaven and earth. Nothing could stop then." Abu Sufyaan surely meant Angels were fighting on the Muslims side.

From the very beginning of his acceptance of Islam he began to strive and to worship as if entering a race with time and to compensate for what he had missed. He took part in all the battles after the day of the Conquest. On the day of Hunain, a very dangerous trap was prepared by the polytheist, who attacked the Muslims so fiercely that a great deal of Muslim warriors lost their reason and treated, but the Prophet ﷺ stood firm and shouted, "O' people, I'm the Prophet of ALLAH, it's not a lie. I'm the son of Abd Al-Muttalib." During those fearful moments, a small group of Muslims, not losing their reason, stood firm and continued fighting. Amongst them were Abu Sufyaan and his son Ja'far. Abu Sufyaan was holding the bridle of the Prophet ﷺ's horse, but when he saw what happened, he felt deeply that his chance of dying a martyr has come. What a chance fighting in the cause of ALLAH on the side of the Prophet ﷺ and being a part of a small group of Muslims who had no fear in giving their lives.

He held the horse's bridle with one hand while cutting the throats of the polytheist with the other and protecting the Prophet ﷺ. The Muslims regrouped around the Prophet ﷺ and ALLAH ﷻ granted them victory. Although the fight was over, when the Prophet ﷺ looked around, he could see a faithful believer in Abu Sufyaan as he still held the bridle of the horse and stood his ground firmly. The Prophet ﷺ said, my brother Abu Sufyaan is the one that stood firm. Immediately after hearing the word 'brother' Abu Sufyaan's heart was filled with joy and dignity. He knelt down kissed the Holy Prophet ﷺ's feet, crying. His poetic sensibility was so moved that he began to describe his joy and happiness because ALLAH had blessed him with so much bravery and success.

Abu Sufyaan turned to worship and adore ALLAH very persistently. It was after the demise of the Prophet ﷺ, when his soul longed for it's meeting with his beloved Prophet ﷺ. He desired this for a long time, to the extent people saw him digging out his grave in Al-Baqii, a grave that he prepared with care and tears. Three days later he passed away and his relatives buried him in his grave.

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A SAINT IS BORN FROM A UNIQUE MARRIAGE

Hazrat Abu Muhammad Muhiyuddin Sheikh Abdul Qadir Jilani ؒ was a Sufi Sheikh and the founder of the Qadiri Sufi order (Silsila). He was born in the month of Ramadan in 470 AH (1077-78 AD) in the Persian province of Jilan (Iran), south of the Caspian Sea. His contribution to Sufism and Sharia was so immense that he became known as the spiritual pole of his time, al-Ghawth al-A'zam.

One of his many titles is 'al-Hasani wal Husseini' because he was blessed with direct lineage to the Holy Prophet ﷺ through his father Sheikh Abu Saleh Moosa ؒ who was a direct descendant of Imam Hassan ؑ. He was a very pious and humble person as well as a master in the tactics of Jihad and it was due to this that he was given the title of "Jangi Dost". Sheikh Abdul Qadir Jilani ؒ was also blessed with direct lineage to the Holy Prophet ﷺ through his mother Sayyida Bibi Ummul Khair Fatima ؒ who was a direct descendant of Imam Hussein ؑ. She was also a very pious person. The circumstances surrounding the blessed marriage of Hazrat Abu Saleh Moosa ؒ and Hazrat Bibi Ummul Khair ؒ were quite miraculous to say the least.

Sayyidi "Abdullah Saumaee was the maternal grandfather of Sheikh Abdul Qadir Jilani ؒ. He was a very patient, humble, kind and sincere person. Sayyida Aisha Zaahida ؒ was the paternal aunt of Sheikh Abdul Qadir Jilani ؒ. She was a very kind and pious woman. Her entire life was spent in the remembrance of Almighty Allah

Marriage of Hazrat Abu Saleh and Hazrat Bibi Ummul Khair

It is said that one day Hazrat Abu Saleh ؒ, who was renowned for his great piety, was walking along a riverbank when he came across an apple which he picked up and ate. Upon reflection, he became extremely worried as he feared that in eating the apple he may have taken something that was not rightfully his to take. Perhaps his worry was ignited by the following incident involving the Holy Prophet ﷺ "The Prophet ﷺ passed a date fallen on the way and said, 'Were I not afraid that it may be from a Sadaqa (charitable gifts), I would have eaten it.'" In order

to rectify the situation he searched for the owner of the apple until he came to a garden filled with apples which was owned by a man called Hazrat Abdullah Sauma'ee ؒ. Hazrat Abu Saleh offered his sincere apology which Hazrat Abdullah ؒ said he would accept on the condition that Hazrat Abu Saleh ؒ spent some time maintaining his garden. Hazrat Abu Saleh ؒ agreed and obediently tended to the upkeep of the garden.

After some time had passed Hazrat Abu Saleh ؒ was released from his obligation but with the final condition that he should marry the daughter of Hazrat Abdullah who was said to be blind, deaf, and handicapped in both the arms and legs. With great obedience and humility Hazrat Abu Saleh accepted this condition and married the daughter of Hazrat Abdullah ؒ.

On the wedding night he met his new wife for the first time and found that the lady in front of him was blessed with great beauty and seemed very able bodied. Her appearance was so far from the description he had originally been given that he immediately exited thinking that he had entered the wrong room. Hazrat Abdullah approached him and explained, to the astonishment of Hazrat Abu Saleh, that his original words were far from a deception saying, "O Prince, this is your wife and whatever I had said about her is true. She is blind in that she has never lifted her eyes towards a non-Mahram (non-marriageable relative). She is deaf in that she has never heard anything against the Shariah. She is handicapped in the hand in that she has never touched anything against the Shariah with them, and she is handicapped in the legs in that she has never stepped out of the house against the Shariah." It was under these most blessed and heartwarming circumstances that Hazrat Abu Saleh al-Hasani ؒ and Hazrat Bibi Ummul Khair Fatima al-Husseini ؒ married. These were the righteous parents of a son called Hazrat Abdul Qadir Jilani ؒ and it was from their home that ALLAH gave the blessing of Wilayah (Sainthood) and Mujadidiyyah (Reformership).



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HOW YOU LIVE . . . IS HOW YOU DIE

'To tell the truth, he looked like he was staring into the eyes of death'

A police officer in a Muslim country wrote the following letter to a Shaykh describing the events that led to his return to Allah Azzawajal. He recalls:

Seeing accidents and crash victims was a normal part of my day, but one incident was different.

My partner and I had parked on the shoulder of the highway and began to chat. In a random second, the scene shattered to the hideous sound of metal bodies becoming one. We threw our heads back to see what had happened: a head-on collision, the result of a vehicle slipping into the lane of the oncoming traffic.

You couldn't describe the carnage. Two young men sprawled in the first car, both in critical condition. We carried them gently away from the car and rested them on the ground.

Quickly we returned to assist the owner of the second car. He was dead. Back we went to the two young men lying side by side on the pavement.

My partner began dictating the Shahadah to them. "Say: La ilaha illAllah (there is no god but Allah), La ilaha illAllah..."

... their tongues wouldn't acknowledge. They started humming the hypnotic lyrics of some song. I was terrified. My partner had experience however and he kept repeating his instruction.

I stood watching, no movement, eyes locked. Never in my life had I seen anything similar to what was going on before me. In fact, I've never actually seen someone die, and never in such a satanic way.

My partner continued to instruct them to say the Shahadah but there was no use. The hum of their song came to a slow silence, slowly. The first one stopped and then the other. Not a stir. Dead.

We carried them to our patrol car, my partner made no effort to speak. Not a whisper between us two as we carried the corpses to the nearest hospital.

The police officer fell back into routine, as he narrates, and started to drift from Allah Azzawajal. But another event happened to him that sealed the return. He continues... What an odd world. After some time, about six months, a strange accident took place.

A young man was moving along the highway normally, but within one of the tunnels leading to the city, he was maimed by a flat tire. To the side of the tunnel he parked and stepped to the back to remove the spare tire. The whistle of a speeding car from behind. In a second, it collided with the crippled car, the young man in-between. He fell to the ground with critical injuries.

I rushed to the scene, myself and another partner other than the first. Together we carried the young man's body into our patrol car and phoned the hospital to prepare for

his arrival. He was a young adult in his blossom years. Religious, you could tell from his appearance. He was mumbling when we carried him, but in our rush, we had not paid attention to what he was saying. However, when we placed him on his back in the patrol car we could make it out. Through the pain his heart was reciting Quran! He was so immersed in the recitation... Subhan Allah, you would have never said that this person was in intense pain.

Blood had soaked his clothes crimson red, his bones had clearly snapped in several places. To tell the truth, he looked like he was staring into the eyes of death. He continued to read in his unique, tender voice. Reciting each verse in proper rhythm. In my entire life, I had never heard any recitation like it. I said to myself, I'm... I'm going to instruct him to say the Shahadah just like I saw my friend doing; especially since I had previous experience.

My partner and I listened intently to that soft voice. I felt a shiver shock my back and up my arm, the hair stood. Suddenly, the hymn ceased. I watched silently as his hand rose softly. He had his index finger pointed upward to the heavens, saying the Shahadah "(La ilaha illAllah / There is no god but Allah)." Then... his head slumped. Nothing. I jumped to the back seat, felt his hand, his heart, his breathing. He was dead!

I couldn't stop staring at him. A tear fell but I hid it in shame. I turned back to my partner and told him that the boy's life had ceased – he burst out loud crying. Seeing a man cry like that, I could not control myself and my partner faded away behind the fall of my own tears. The patrol car fogged from the emotions.

We arrived at the hospital. As we rushed through the corridors, we told all the doctors, nurses, and onlookers what had happened. So many people were affected by what we said, some stood there speechless and tearful. No one wanted to lose sight of the boy until they had been assured of the time and place he would be buried.

One of the hospital staff phoned the boys home. His brother picked it up and was told of the accident. His brother told us about him: He used to go out every Monday to visit his only grandmother outside of town. Whenever he visited her, he made sure to spend time with the poor children idling the streets and the orphans. The town knew him – he was the one that would bring them the Islamic books and tapes. His dusty Mazda would be filled with rice and sugar and even candies – couldn't forget the candies – for those families who were in need.

He would not stand for anyone to discourage him from the long journey to that town. He would always politely reply that the long drive gave him time to review his Quran and listen to Islamic lectures on his cassette deck. And... And that with every step to the town he hoped for the reward he would find with Allah Azzawajal...

So let us take lesson from these incidents and make a firm vow to start changing our lives from now on.

GHOUS PAAKS WORDS OF WISDOM

MOULANA SHAH FAISAL KHAN SAHEB

Q.) This is the fourth month of our Islamic Lunar Calendar (Rabbi-ul-Akhir), which is dedicated to the remembrance and Giyaarwee Shareef of Sarkaar-e-Ghaus-e-Azam Sheikh Sayed Abdul Qaadir Jilani. Please could you tell us of some of his words of wisdom, it will be highly appreciated.

A.) All praises and thanks are due to Almighty Allah, our Creator, Cherisher, Sustainer, who send His Last and Final Most Beloved Holy Prophet Muhammad ﷺ, divine peace, blessings and salutations be upon Him, His family and followers till the day of Judgment. As a role model for the entire world, specially for the people of Love and Imaan. His light and love spread in many times and places; one of his most shining and illuminated glimpse or manifestations is none other than our Great Guide, Mentor, King of all Auliya Sayyiduna Sheikh Abdul Qaadir Jilani (R.A)

No pen, no tongue, nobody has the ability to mention the full excellences of this great luminary of Islam. According to your request, just to attain some blessings of this Great Sufi soul, some of his words of wisdom and encouragements are mentioned as following:

- * If you do not find the sweetness of doing a good deed, then be aware that you have not done that deed.
- * Disrespect earns the displeasure of the Creator and the creation.
- * The one who cannot educate his own soul, then how is he going to educate others.
- * The person who becomes aware of Allah then he becomes hospitable towards the creation.
- * Preach according to religion otherwise remaining dumb is better.
- * Always hold the best opinions about others and think ill of yourself.
- * Your speech will tell you what is in your heart.
- * A wise person first questions his heart then speaks.
- * An oppressor destroys the world of the oppressed

and his own in the hereafter.

- * To start something good is your job and to see it completed is the work of your Lord.
- * That person who is never distressed has no virtue.
- * Material people chase the world while the world chases the friends of Allah.
- * Suspicion closes all the benefits to be accrued.
- * A disrespectful becomes the object of displeasure and wrath of both the creator and creation.
- * First there is ignorance, thereafter knowledge, the follows practice upon your knowledge, thereafter sincerity upon that action and finally comes understanding and wisdom of the heart.
- * You are busy fulfilling the desires and wishes of the soul (Nafs) while it is busy destroying you.
- * That person is close to Allah who is kind and affectionate towards the creation.
- * Hundreds and thousands of people are fattened and then swallowed by this world.
- * Do not be fooled by your youthful appearance, for very soon it would be taken away from you.
- * To make a poor person happy makes one the warrior of an undisclosed amount of reward.
- * To remember death is the best treatment for all ailments.
- * The key to the closeness to the truth is in private consultations and journeys.
- * The obedience of Allah is by asking and not by desiring.
- * It is not beneficial to be a master of ceremony when you are immature at heart.
- * Be obedient with a direction, don't become obedient to the masses.
- * Your action are proof of your belief and your exterior appearance is a sign of your interior condition.
- * Do not turn away from the Creator because of some misfortunes, because He might be testing you.
- * O! Doers of good deeds, adopt sincerity otherwise it is a wasted effort.
- * To love the creation is in its well wishing.
- * To give is better than to receive.
- * Hide your troubles and you will receive closeness to Allah.
- * Do not spend even one night in the hate and malice of anybody.
- * Give priority to the hereafter over the world and you will benefit in both, but if priority is given to the world then you would suffer losses in both.



*For the Esaale Sawaab of
Marhoom Muhammed Gani Sooliman
& Marhooma Zuleikha Gani Sooliman*

HAZRAT NIZAMUDDIN AULIYA

SPIRITUAL ADVICE OF HIS MASTER AND MAKING HIS SPIRITUAL SUCCESSOR

One day while Nizamuddin was serving his Teacher, Baba Fariduddin said, "My son Nizam, May Allah have mercy on you. It has been inspired to me that soon you will take leave from here. Allah has raised you to the level of realization. So listen: always fast, because fasting keeps the lower self in control. It is through fasting that both body and soul remains in protection of Allah. Allah save him who fast from the whispering of the evil beings and from their misguidance. And listen, salaah (muslim prayer) is like miraj for mu'min. So those who wish to meet Allah, for them salaah is the vehicle. To pray five times a day is obligation upon all believers, so always achieve them. But for the lovers of God, more is demanded. So pray voluntary prayer as much as you can. It is because Allah becomes very happy with voluntary devotion of His servants.

He then said: "When you return to Delhi, do not waste a single moment. Always attach yourself to contemplation and meditation. Remember, the moment we waste, we have to be accountable to God for that. Do not be without the remembrance of God for a moment. None can be sure of the amount of time one has left before death. When the angel of death arrives for us, we never know. God forbid, if we die in those moments where we are absent from remembering God, think how much ashamed we would be to present ourselves to God?

Then after a little pause he said, "Son, God's kindness is vast. There is none equal in generosity of giving than Him. Whoever asks to Him, receives. Be careful, never ask to anyone for anything to gain. Whatever you need, ask from Allah. I am praying to Allah for you. Whatever you may ask Him, you will receive. Remember, tawakkul (dependence of God) is destroyed by asking to people. Besides, what people have really that they may give to you?! The Kingdom is God's, everything belongs to Him. He gives whomsoever He wills, and withholds from whomsoever He wills. Whatever is stored for you, you will surely get them. No power can take them.

Then he again said: "Remember another special secret. He who has Allah, has everything. If you can please Allah, you will neither have any need of this world or the hereafter. If you are in the Path of Allah, Allah will bend people's heart towards you and you things will appear at your door even without asking.

At last he said: "Avoid the rulers, people of position and people of excessive wealth / opulence as much as you can. Because almost all of them are people of dunya (samsara). And the company of people of the dunya corrupts the heart. Do not accept their gifts, because majority of the people of wealth, their income is not halal (kosher). Moreover this attaches the heart to the lower world. I pray that Allah keeps you pure from every impurity. May the love of Allah be permanent in your heart and may it be illuminated."

When inspiration descended to Hazrat Fariduddin that Nizamuddin is close to attaining spiritual perfection, he felt happy and sad at the same time. Happy because he has attained and have become an worthy disciple, and sad because now he has to be sent to the world to be a light unto others. So one day he called Nizamuddin to his side and said, "My son, even if I want, I can not keep you any more with me. You have finished your ask. Allah the Most Great is pleased with you. Now if I do not allow you to serve humanity, Allah will be displeased with me.

Listen, Allah has given two things in front of man. One is this temporal world and the everlasting Kingdom of the hereafter. My desire is that you work for the Kingdom of

God. Foolish people have rejected the refuge of Allah and have accepted the temporal world. They are approaching Hell fire after being seduced by the Devil. There is a need to give them guidance. May you be inspired to call people of Hindustan to the noble Path.

After this Baba Farid called his dervishes and addressed them: Know that today I am giving the Taj (Honor) of the Sufis to Nizamuddin.

Hearing this Nizamuddin lowered his head in humility and began to cry. Baba Fariduddin consoled him saying: Do not fear my son. Ask help in every action from Allah, He will be your help.

After this Baba Fariduddin gave him the turban that he received from his own Shaykh Hazrat Qutubuddin Bakhtiyar Kāki. He then gave him the khikah (coat of the Dervish) and the staff as well. After this Hazrat Fariduddin asked him to pray two cycle of prayer of gratefulness. Then he made him stand facing the Qibla (towards Mecca) and pointing to Heaven with his finger, Baba Farid said: "Allah, I am surrendering Nizam to Your hand. May You help him in every affair."

Hazrat Baba Farid, said to him on appointing him as his successor, "Be like a large tree so that Allah's creation, the human beings in their vast multitudes, may find rest and solace under your shadow."

This partly explains why he admitted so many men into the Chishti order as his disciples. Hazrat Nizamuddin also sent his well-versed and caring disciples to far-flung areas of Uttar Pradesh, Rajasthan, Gujarat, Bihar, and Bengal amongst other places to spread the word of truth.

Master Nizamuddin later said, "After I was given the responsibility, I remained in the company of my Master for only two more days. Before parting he called me to him and said, "My son, Allah grants three gifts to His servants: 'Ilm or knowledge, Aql or intelligence and Ishq or love of God. Most people don't receive them at the same time. This is a special gift and Allah have bestowed you with three of them. It is your duty to pay respect to this gift.

Baba Fariduddin further advised him: "Baba Nizam, when you will find two task has been imposed simultaneously upon you, one of the Deen (the Path) and the other of the world, then given preference to the work of the Deen.

Love the creation of the Creator. Even if they behave rudely towards you, do not be displeased with them. Consider them kindly as someone who have not matured in understanding. There will come a time when great opulence and wealth would beg you to be yours. But be careful, do not fall into the attachment of delusions. Remember, the Devil come in many disguises to capture human beings in its gang. Sometime it comes in the disguise of worldly wealth, sometime as position and power, some time as immoral relations and sometime even in the disguise of pious people. Common folks can not recognize the Devil and hence get caught into its net. Allah has given you knowledge and conscience. Whenever you will feel the work of Devil in any work, always leave it by saying, "la haowla wa la quwwata illa billah." There is no power and might except that of Allah. Never do that which give rise to suspicious in your heart, never eat that which create suspicious in mind, never accept money that you have suspicion on its purity. I am giving you to the hands of Allah. He will help you in every affair."

THE EXCELLENCE OF SLEEPING WITH WUDU

BY MUFTI SHAMSUL HAQ MISBAHI

The prominent companion Hazrat Anas Ibne Malik Radiallahu Anhu said that our beloved prophet Sallallahu Alaihi Wasallama said: "any Muslim who sleeps with wudu and dies at the same night will attain the Status of Martyrdom"

The great saints say: "anyone who is with Wudu all the time Almighty honors him with seven things". The angels like his company. The pen of Kiraman Katibeen is constantly writes reward for him. All parts of his body glorify Almighty Allah. Such a person is blessed with the Taufeeque not to miss even Takbeere Uoola. Such a person is protected by angels from the effect of devil and evil spirit. He is protected from the pang of last breath. As longer he is with Wudu, he is in the security of Almighty Allah.

It is stated in Hadeeth: **الْوُضُوءُ حِصْنُ الْمُؤْمِنِ**. The Wudu is the protector of the believer.

Hazrat Shah Meenah Rahmatullahi Alaihi was so cautious about this that the moment he used to get up from his sleep, immediately he used to make Tayammum and thereafter would start preparing for Wudu. He discloses this notable secret with regard to Wudu and Tayammum and says: "the original make of man is from sand and water. As these two make the worldly fire go off, we have strong hope that it will also make the fire of hell go off Insha Allah.

HORRIBLE DREAMS

One man came to the Messenger of Allah Sallallahu Alaihi Wasallama and complained about the horrifying dreams. The holy prophet Sallallahu Alaihi Wasallama said: you must read **أَعُوذُ بِكَلِمَاتِ اللَّهِ التَّامَّةِ مِنْ غَضَبِهِ وَ عِقَابِهِ وَمِنْ شَرِّ عِبَادِهِ وَمِنْ هَمَزَاتِ الشَّيَاطِينِ وَأَنْ يَخْضَرُونَ**.

I seek refuge of the complete words of Almighty Allah, from His wrath and punishment, from the evils of His servants and from the whispers of Satan and their presence.

WHAT SHOULD ONE DO WHEN HE GETS UP AT

NIGHT?

The mother of believers Hazrat Aayisha Radiallah Ta'ala Anha says: when the blessed sleep of our beloved prophet Sallallahu Alaihi Wasallama used to break he used to remember Almighty Allah and say:

لَا إِلَهَ إِلَّا اللَّهُ الْوَاحِدُ السَّهَّارُ رَبُّ السَّمَاوَاتِ وَالْأَرْضِ وَمَا بَيْنَهُمَا الْعَزِيزُ الْغَفَّارُ.
The worthy of worship is only Almighty Allah the Lord of skies and earth and all therein. He is Almighty and forgiving.

We should always try to make our habit to make Zikar of Almighty Allah at all time. That is how the noble companions led their beautiful lives. Hazrat Anas Ibne malik Radiallahu Anhu says: we were present in the blessed court of holy prophet Sallallahu Alaihi wasallama. The holy prophet Sallallahu alaihi wasallama said; look at that person. His is Jannati. After a while one Ansari companion appeared carrying his shoes in his left hand and the water was dropping from his beard. This happened three days in row.

Hazrat Abdullah Ibne Amr Ibnul Aas followed that Ansari as what made him achieve paradise while in this world. He checked his days and nights and thereafter disclosed this secret and said: at night whenever he changed his sides he uttered: **الله أكبر**.

(Nizam e Shariat)



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THE RED HEART

BY ABDURRAHMAN UMAR

It could have been the splash of red or the overabundance of hearts or the young man in a designer jeans that caught his eye, but Sheikh Hamaad stopped under the bold "Valentine's day Specials" banner, set his shopping basket on the floor and watched the young man battling to select an appropriate gift from the heaps of hearts, teddy bears and chocolates. Like a busy humming bird he flitted from shelf to shelf struggling to choose.

Sheikh Hamaad approached him as he stood scratching his head, "Asalaamu Alaikum, young man, seems like you're battling to make a choice."

"Eish, Moulana, this is more difficult than I thought. And lucky I only have to choose for two of them," he said, picking up another heart decorated teddy bear, examining the price and putting down with disappointment.

"For your sisters?" Sheikh asked, feigning innocence. "Naah, just friends, you know how it is. You have to do these things" came the prompt reply.

Sheikh Hamaad remained silent and fixed his gentle gaze on the young man, something more than the loud Billabong T-shirt and hipster jeans told him that this young man had more than a spark of intelligence.

"Tell me, how many Valentine's gifts do your sisters receive?"

"Hey, hey.... Moulana my sisters are not like that. They don't do this boyfriend thing. My sisters...they are pure," exclaimed the young man an angry frown crossing his face. "Just let the guy try and send my sisters one flower and I'll make him eat it. You don't know me!"

"Oh," said Sheikh Hamaad without any apology, "And your mother, how many Valentine's gifts does she get?"

The young man took a step back and glared at Sheikh Hamaad, "La howla wa...." his words swallowed by his anger, "how can you even say such things about my mother? My mother, she doesn't do this stuff. She is like an angel. She is pure. How can you say this?"

Sheikh paused, waiting for the silence to absorb the boy's anger, then said, tauntingly, "So they don't receive any Valentine's gifts or have boyfriend's at all."

"I told you, Moulana, my family is pure and they don't do this junk stuff."

Knowing the moment was right Sheikh but forward his reasoning, "So you really don't like your sisters receiving these gifts or having boyfriends."

"No ways," came the emphatic reply, "not on my life"

"Then don't you think," Sheikh ventured, "that other people would also not like their sisters, mothers or aunts to receive such gifts. Just as you would like your sisters to remain pure, they would also like their sisters to be pure?"

The young man dropped his head and shifted his feet nervously, "You have a point, Moulana. Didn't ever think of it like that. I don't want to say...but you are right. I shouldn't be polluting other people's family if I don't like my family to be polluted. This is all quite wrong isn't it?"

"Yes, it's quite wrong," without a hint of reprimand in his voice, "this is not our way."

"But," he asked, trying to conceal his embarrassment, "It's not like we doing anything serious. I mean it's only a gift. Not like we doing something physical...so it should be ok, no?"

Without disturbing his calmness, Sheikh Hamaad replied, "Do you like to go fishing?"

"Now you talking my language. Not a Sunday, not one, that we not by the dam," he replied his hands waving with excitement, "We sit the whole day me and my buddies. First we prime the place with milie bombs. Just so the fish know we there. And they come, Moulana. They come for the bait. The whole lot, man....carpe, bass, barbell, you name it. But what's that go to do with buying gifts."

"When Shaytaan wants to trap someone," Sheikh replied serenely, "he first puts some bait. Innocent stuff like gifts, the odd sms, just a hello and then when the time is righthe will strike and how you say...you fall hook, line and sinker. Then he's got you and it's not long before he reels you in. So it starts with just a little bait. Just like the little gift that seems so innocent – it's the bait."

The young man beamed with this new found revelation and couldn't wait to ask, "You are so right! And you have an amazing way of getting a point across Moulana, you didn't just lecture me but you showed me how it is wrong. Thanks a mil. You must have learnt from a great teacher?"

"No doubt, I learnt from the best of all teachers," Sheikh answered,

"In fact, the best of all mankind...The Noblest Messenger of Allah- Rasulallah sallahu alaihi wa salam"

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SUNBURN

BY HASINA BEGUM

Sunburn is characterized by a reddening of the skin after prolonged exposure to sunlight. The signs and symptoms of sunburn are not immediate and they could take a while to appear, but will definitely surface within a period of 24 hours after exposure to the ultraviolet rays of the sun. When the skin is overexposed to the ultra violet rays from the scorching sun, sunburn is caused. Other sources of ultra violet rays like welding arcs, tanning lamps can also cause sunburn.

It can cause skin cancer. Sunburn should never be taken lightly because it may even lead to death or permanent disability. Fair people are at greater risk as compared to dark people.

Sunburn can get extremely painful and uncomfortable, even the mildest case, so much so that even the thought of touching one's own skin might seem like unbearable torture. Therefore, sunburn is in fact a serious condition and must not be taken lightly.

Symptoms of Sunburn

As mentioned earlier, symptoms of sunburn are not quick to surface.

These would include an obvious reddening of the skin accompanied by sunburn blisters and sunburn peeling.

Generally symptoms of sunburn take some time to appear. The skin may become red and tender. It is warm to the touch. After some hours or days blisters may develop on the skin. All this may be followed by peeling of the skin after few days. Some other symptoms of sunburn are fever, chill, nausea, vomiting, rash, flu and skin loss.

It is important to note that although the symptoms of sunburn such as the reddening, blisters and peeling of the skin are relatively temporary; their effects are generally long lasting. It can cause permanent skin damage and in extreme cases lead to skin cancer.

In the event that you experience major/serious symptoms of sunburn that do not seem to respond to the home remedies, it is best to visit your health care expert immediately so as to avoid future complications.

Causes of Sunburn

One very obvious cause for sunburn is over-exposure to the ultraviolet rays of the sun. We refer to it as over-exposure because it exceeds the body's ability to withstand the UV rays. This means that the protective pigment called melanin which protects the skin from these harmful rays has exhausted its ability to do so.

Melanin in our skin protects the skin from harmful ultra violet rays.

But when the amount of exposure to ultra violet rays exceeds the ability of melanin to protect the skin, it results in sunburn. The skin is more exposed to scorching sun while working outdoors, swimming, skiing, and hiking and hence chances of sunburn

increase.

Certain factors like consumption of birth control pills and antibacterial agents used in soaps make our skin more prone to sunburn.

Other factors that could result in sunburn include exposure to sun lamps and other sources of UV rays. Certain medications could also render you more vulnerable to sunburn, for instance, an antibiotic named doxycycline.

Remedies for Sunburn

Apply aloe vera or vinegar on the affected skin; it will stop inflammation and pain. Avoid products made from benzocaine, lidocaine and petroleum jelly. Rub mustard oil on the affected skin and allow it to dry, this will take out the heat from the skin. Cut fresh cucumber slices and rub them on the affected area. Before taking bath, add some baking powder to the bath water, this will help to soothe the burnt skin. Apply lavender oil or peppermint oil on the burnt skin. Apply apple cider vinegar to the burnt skin using cotton ball. Take herbal bath; put few drops of chamomile and lavender essential oils in bath water. Take epsom salt or ice compress. Grate some potatoes and apply them on the burnt skin. Starch from the potatoes will soothe the burn.

Other home remedies to treat sunburns naturally are quite simple.

* Take 3 tablespoons of ground meals and mix it with half cup of yoghurt. Rub this mixture on over your neck and face. Wash it off after sometime.

* Two teaspoons oatmeal and a drop of honey must be added to half cup ripe papaya. This mask must be applied and kept for 20 minutes, after which it can be washed off.

* Mix honey and lime in 2:1 proportion and apply on affected area. It can be washed off in 20 minutes.

* A pinch of turmeric must be added to yoghurt and must be applied on the face, neck and arms for half hour on a regular basis.

* Cucumber and lime juice serve to cool and lighten sunburn. Therefore, they must be mixed in equal ratio and applied often.

* For sunburn relief, a paste of turmeric, barley and yoghurt must be applied on the sunburned area.

* Consuming raw mango juice that is mixed with sugar and salt serves as a cool, refreshing drink. It will help hydrate the system.

* A lotion prepared from vinegar and olive oil must be rubbed on the body before a cool bath.

* Applying a thin layer of sandalwood paste on the affected area can work wonders.

* Aloe vera is known for its soothing properties, so some pure aloe vera gel must be applied on the sunburned area for relief.

TOLERANCE- An Abstract Virtue

MOULANA NASIK AHMED BROOD

Tolerance is an attitude of mind that implies non-judgmental acceptance of different aspects of life. Tolerance refers to an attitude of openness and respect for the differences that exist among people. Although originally used to refer to ethnic and religious differences, the concept of tolerance can also be applied to other differences. Tolerance, in many ways, is the opposite of prejudice. Tolerance also means treating others the way you would like to be treated. Tolerance is the most necessary quality of human beings as it is one of the conditions of good manners. Intolerance leads to the worst disaster. If we culture tolerance we will be free from all the pain of envy within ourselves. Tolerance is not only an abstract virtue; it is of considerable influence in the current affairs of life.

One of the most important themes of Islam is tolerance. To begin with we must ask what our authority is for our actions today. What a contrast our actions are to that which we read in the Holy Quraan. We should demolish every pretension that sets itself up against the laws of Islam and we should take captive every thought to make us obedient to Allah Almighty and the Holy Prophet (Sallallahu Alayhi Wa Sallam). Undoubtedly the methodology of tolerance allows us to continue in doing good and forbidding evil. The Islamic principles of tolerance are not based on personal interests but are based on the acceptance of positive attributes that agree with human nature and promote good moral behaviour. These principles do not implicate, in any sense, the acceptance of evil or illegitimate behaviour. Islam confirms that tolerance, a high human quality, enhances good relations and facilitates the means for mutual understanding and respect among people. The major sources of Islam, the Holy Quraan and Sunnah of Nabi (Sallallahu Alayhi Wa Sallam), recommend and promote tolerance, as do the historic accounts of the Sahaabah (Radiyallahu Anhum) who followed the Holy Prophet's (Sallallahu Alayhi Wa Sallam) example. An important element in human relation is verbal communication. It induces either good or bad relations. Good and appropriate manners are in most cases conducive to good human relations and vice versa. Allah Almighty urges Muslims to cultivate good manners and converse a rational behaviour during their discussions with each other and with the people in general. Using wisdom and good advice assists many people in becoming better aware of themselves and their role in life. Furthermore, by demonstrating good manners with others, people can, in turn, discover their own short comings and work to overcome them.

We are in the 21st century where the electronic media has drawn us closer together into what is called a global society. However, its benefits will only be felt when mutual goodness prevails, when mutual respect and

understanding prevail. If, instead of good feelings, hatred emerges, if restlessness usurps heartfelt peace, then we must accept that this is not progress, but is something that will take us towards unexpected results. Lack of tolerance leads to fighting, violence and finally it destroys the peace and security of society. When people fail in their arguments they become intolerant, and then they use force and aggression for the support of their point of view. We have seen considerable incidents in recent history where due to lack of tolerance people have physically attacked other people. How nice it would be if everyone tries to express themselves in a decent and respectful way with tolerance. Tolerance is needed in all spheres of life, and on every level and on every stage, because it plays a vital role to establish peace and love from the smallest unit up to the highest unit of society. It should be noted that tolerance does not mean that we have to compromise our principles or beliefs nor does it mean that we have to embrace or accept others' ignorance. If we are tolerant then people wouldn't have to accept the grim reality that they'll never get a fair life. Human beings are the smartest creatures on earth. We are capable of communication and connecting with others and have many forms to do it. There are telephones, Facebook, e-mail and so much more. With all these tools to banish ignorance it seems that we are indirectly banishing our Islamic morals and values. We can sadly say that animals must be smarter than us though, because they coexist much better than we do without the means of modern civilization. We should continually focus on being tolerant of others in our daily lives. This involves consciously challenging the stereotypes and assumptions that we typically encounter in making decisions about others and/or working with others either in a social or a professional environment. We must remember that tolerance is something everybody needs to be reminded of, especially in the environment we live in today.

May Allah Almighty, through the Wasilah of Nabi (Sallallahu Alayhi Wa Sallam), grant us the strength and ability to incorporate and integrate tolerance in our lives, Aameen!



BUY IN

BY FAIZEL KHAMKAR

An interesting phenomenon in the last American elections was that a specific poll was conducted on a regular basis to determine which candidate was leading in raising finances required for conducting their campaigns. This not only highlighted the enormous amount spent on the election campaign but reflects the amounts willing to be invested by big business in order to secure their own vested interest. This investment to fulfil ulterior agendas requires as well as its global effect. It would be naive to expect that there is such a separation between big business and politics that each one would act within their own space without the one influencing the other. A typical example is the desperate measures of printing trillions of dollars by the United States government to save big business at the time when the credit bubbles burst. In South Africa we only have to look towards the tenderpreneurs to realise the interaction of the two sectors of community and that one will buy in on the other's wishes to maintain power.

In a recently published autobiography of Donald Trump an insight into his thinking is exposed where he proposes some extremely dangerous views which would endanger world peace once more. His motivation is the return of the supremacy of the United States to its former glory. He proposes the destruction of China who he sees as having destroyed the might of the US economy. In creating China as the new enemy the economic machinery based on war will then be further oiled. Scant regard is given to the struggling middle class or the poor who have a vested interest in the fiscus which will be plundered to achieve this goal. Furthermore he lambasts the OPEC countries for making money at the expense of the Americans and suggests that the oil be taken from them for free in exchange for the security which the US has and will provide. He conveniently forgets to mention that the so called security is there to protect American interest

and not the oil producing countries. Like most other war mongering capitalist he in the United States he has very strong links to the Republicans. These proposals should not be taken as the rantings of a lunatic and simply ignored. We should bear in mind that the invasion of Afghanistan was planned in order to save the interest of big business specifically in multimillion dollar the gas industry. The plight of the occupied in terms of loss of life, limb, homes, facilities and resources have largely been ignored. The humanitarian and philanthropically presentation of this big business interest should be taken with a pinch of salt more so when compared to the human rights abuses undertaken in the first place in order to obtain the wealth.

The reality is that some of these captains of industry have obtained iconic status and as such have a certain psychological influence on many people. The disrespect to civil society and the resulted violence now seen in the United States may very well be partly as a result of the dangerous and provocative viewpoints of these icons. We need to remember that in supporting the medium and small business enterprises rather than big business society will benefit far greater than it does now. Small business is not free from defects but deserve greater support than the big business.

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INTERNATIONAL NEWS FOCUS

BY FAKIR HASSEN

Oslo, NORWAY - Pakistani schoolgirl Malala Yousafzai, has been nominated for this year's Nobel Peace Prize. Fifteen-year-old Malala was shot by a Taliban gunman at point blank range as she travelled on a bus to school on Oct 9 last year. She was targeted for promoting girls' education. She has since become an internationally recognised symbol of opposition to the Taliban's drive to deny women education, and against religious extremism in a country where women's rights are often flouted. This year's award will be announced in early October.

Timbuktu, MALI - Rebels fleeing in the face of a French-led offensive burnt down a building housing ancient Arabic manuscripts. Timbuktu, which was the intellectual and spiritual capital of Islam in Africa in the 15th and 16th centuries, is renowned for its collection of manuscripts, some of which date back to the pre-Islamic era. Malian and French troops surrounded the fabled city, after ten months of occupation by rebels who earlier destroyed ancient Muslim shrines they consider idolatrous. In 2009 the new Ahmed Baba Centre was opened as part of a bilateral agreement with South Africa to promote the conservation, research and promotion of the manuscripts as African heritage.

Chennai, INDIA - The government in the southern Indian state of Tamil Nadu state banned the release of a new film 'Vishwaroopam' for two weeks, following protests from Muslim groups denouncing the film as insulting Muslims and Qur'an. The

government instructed all district collectors to prevent the film's screening for two weeks, citing a possible law and order situation in the run-up to Prophet Muhammad's (peace be upon him) Birthday. The decision followed rising opposition by various Muslim organizations against the film, which was scheduled for release on January 25. Moreover, the Muslim organizations cited worries that actor-producer Kamal Haasan's film would damage the social fabric of Tamil Nadu, a state where Hindus and Muslims are living peacefully as brothers.

Tehran, IRAN - President Mahmoud Ahmadinejad has said that he is ready to take the risk of being the first Iranian astronaut sent into space as part of Iran's goal of a manned space flight. "I'm ready to be the first Iranian to sacrifice myself for our country's scientists," the official IRNA news agency quoted him as saying in an address to space scientists in Tehran. Space tourist Anousheh Ansari was the first Iranian to make a journey into space aboard a Soyuz TMA-9 capsule from Baikonur, Kazakhstan, in September 2006. Iran sent a monkey into space last Monday, describing the launch as a successful step toward Tehran's plan to send an astronaut into space within the next five to six years.

Dhaka, BANGLADESH - A war crimes tribunal in Bangladesh has found a leader of the main Islamist party guilty of crimes against humanity during the war for independence from Pakistan in 1971. Abdul Kader Mullah, of Jamaat-e-Islami, was sentenced to life in prison.

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He denied all the charges. Mullah, 64, is the first politician to be found guilty by the controversial International Crimes Tribunal. Six leaders of the party are on trial before the much-criticized domestic court based in Dhaka. Thousands marched through the capital, Dhaka, demanding the release of their leaders.

Vienna, AUSTRIA - Austria's Turkish community has threatened to sue toy company Lego because it thinks the firm's "Star Wars: Jabba's Palace" box set might teach children to associate Islam with violence and terrorism. One of the buildings is a replica to scale of the Hagia Sophia mosque in Istanbul, while a figure with an axe and machine gun in the minaret-like structure could be seen as a muezzin, the Turkish Cultural Community said. The organization said it was considering filing criminal complaints against Lego in Austria and Germany for alleged incitement to racial hatred. A Lego spokeswoman, Katharina Sasse, apologised for any perceived offense, saying: "We can guarantee that we definitely did not copy the mosque mentioned or any other building," Sasse said. She added that Lego had no plans to withdraw the product before its scheduled phase-out at the end of 2013.

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