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برية RAJAB 1438/2017

BRIDES OF ETERNITY

Moulana Rumi (described the death of the lovers as "shabe urs", or "wedding night". Urs Shareef is a significant tradition in the spiritual world as maintained by the sufi-oriented followers of Islam.

Rumi himself no common scholar, but adept at the highest level in both orthodoxy or philosophy, was groomed by the spiritually intoxicated Shams Tabrez, a walking ocean of gnosis. This elite group of scholars quenched their spiritual thirst seeking from the Book and the Traditions the deepest wisdom, redefining the meaning of Life and Piety. The elaborate wedding procession, his actual funeral procession, w\ led by musicians playing their instruments all the way to his resting place, was planned and directed by none other than Rumi before his death.

Last month, Jamadi-us-Sani, saw urs celebrations marking the death anniversaries of many renowned saints, not the least in significance being a forefather of Rumi, the most beloved friend and companion of Islam's Holy Prophet (*), Sayyidina Abubakr as-Siddeeq (*), also the celebrated scholar Imam Ghazali (*), and Jalaluddin Rumi himself.

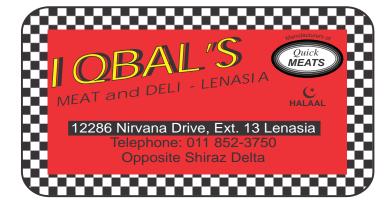
The first Khalifa of the Sabri order, Khwaja Shamsuddin Turk Panipati (﴿﴿﴿﴾), also shared the same month. Sheikhul Alam, Makhdoom Ahmed Abdul Haq Radaulawi, Qutbul Alam Hazrat Abdul Quddoos Gangohi, Hazrat Sayyad Chiragh Ali Shah Kalyari and Hazrat Hakeem Quraish Ahmed Quddoosi Gangohi (**) were also honoured during the past month's urs celebrations.

Rajab, the new month, is also notable for the death anniversaries of holy personalities, the most famous till today being the name of Khwaja Muinuddin Hassan Chishty Ajmery (*), more popularly known as Khwaja Ghareebun Nawaaz. This urs is attended by devotees from every continent and almost every religion on earth. Comes the 6th of Rajab and the shrine is adorned with lights and fragrances. The famous dome always attractive seems brighter and more beautiful at this time, perhaps stealing the glory even from the moon of the 14th.

Here in South Africa, some rays from that Ajmery dome may appear to shine in Lenasia when Saaberie-Chishty hosts its golden jubilee 50th Urs Shareef of Khwaja Ghareebun Nawaaz and Hazrat Makhdoom Paak Ala'uddin. Ali-Ahmed Sabir Kalyari (🍇).

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BIRTH OF THE NEW MOON FOR SHABAAN 1438 WED. 26 APRIL 2017 @ 14:18





Al Kauŝar Page 2

HAZRAT JULAYBIB

With Julaybib in mind, Rasulullah went to an Ansari man and said: "I want to have your daughter married." "How wonderful and blessed, O Rasulullah and what a delight to the eye (this would be)," he replied. "I do not want her for myself," added Rasulullah # "Then for whom, O Rasulullah?" asked the man, obviously disappointed. "For Julaybib," said Rasulullah . The Ansari went to consult with his wife, telling her of Rasulullah's desire for their daughter to marry Julaybib. His wife was repulsive and protested saying "To Julaybib! No, never to Julaybib! No, by ALLAH, we shall not marry (her) to him." While the Ansari was preparing to inform Rasulullah # of what his wife said, the daughter hearing her mother's protestations, asked: "Who has asked you to marry me?" It is said that she the daughter was so beautiful that there was none among the women of that clan who could compete with her looks. She was so shy and modest that perhaps the sky itself had never seen her head uncovered. She had so much fear of her creator and piety, that she would spend her days and nights in worship.

The daughter asked what was happening, she was told that Rasulullah wants your hand in marriage for Julaybib. As the Mother continued her crying and wailing the daughter spoke and said, "O my Mother fear ALLAH think of what you are saying are you turning away Rasulullah (). 'O my Mother it does not suit a believer to make their own decision once ALLAH and his Rasul () have decided on a matter.

How blessed is the status of Julaybib , that ALLAH and his Rasul (*) are asking for your daughters hand on his behalf. Don't you know that the angels themselves envy the dust on the feet of one who is a beloved of ALLAH and Rasulullah (*). Ask Rasulullah to send me Julaybib for there is no greater privilege than for me to be blessed by such a husband, Rasulullah has arrived with such a wonderful gift yet my Mother you cry and wail." She was married by Rasulullah to Julaybib and they lived together until he was killed in an expedition. On the day of the expedition his father in law, had

pleaded with him: "O Julaybib this is just an expedition, it is not a compulsory Jihad, it is a voluntary Jihad, therefore you are ne RA, the one who had spent a lifetime in despair had now found a loving wife. But he replied to his father In laws request and said, "O my father you say a strange thing, my Rasulullah () is in the battlefield facing the enemies of Islam and you want me to sit at home with my wife, nay I will sacrifice my blood and my soul rather than see my Rasul () facing hardship while I sit at home in luxury".

Julaybib participated in an expedition with Rasulullah (*) in which an encounter with some enemies ensued. After that battle the Rasulullah (**), asked his companions to go and to see if anyone was missing from their family's and clans. Each one returned accounting for all his family members. Then Rasulullah (**) spoke with tears in his eyes he said "But I have lost my Beloved Julaybib, go and find him." They found his diminutive body lying next to seven enemies he had slain in the battle. Rasulullah asked for a grave to be dug, while Rasulullah # held the body of Julaybib he said. "O' Allah he is from me and I am from Him", he repeated this three times. The companions wept profusely O' Julaybib, how great is your status." Thus a companion who had once lived as an outcast, shunned by the society around him. He loved ALLAH and his Rasul (*) and reached such a high status. He who was not good looking was blessed with a beautiful wife, he who was poor was blessed by a wealthy wife, he who had no family or status, was blessed by a wife with noble status and lineage he who had lived in loneliness and despair, was loved by ALLAH and his Rasul ...

It is said: "That upon his martyrdom, that the sky itself was filled with thousands of angels who had come to participate in his funeral." Julaybib & "The Lonesome one' had become a beloved of ALLAH, and his Prophet (**), he was lonely no more. Such is the status of the lovers of the Rasulullah (**). As for his wife it is said that there was no widow whose hand was more sought after in marriage than hers.





Al Kauŝar Page 3

THE GREAT SCHOLAR OF ISLAM

Many years ago, during the time of the Taa'ibeen (generation of Muslims after the time of Sahaabah), Baghdad was a great city of Islam. Infact it was the capital of the Islam empire and because of the great number of scholars who lived there, it was the centre of the Islamic knowledge.

One day, the ruler of Rome at that time sent an envoy to Baghdad with three challenges for the Muslims. When the messenger arrived at the city, he informed the Khalifah that he had three questions which he challenges Muslims to answer. The Khalifah gathered all the scholars of the city and the messenger climbed a high platform and said: "I have come with three questions"

If you answer them, then I will leave with you a great AMOUNT OF WEALTH which I brought from Rome. As for the questions, they are:

1.) What was there before Allah?

2.) In which direction does Allah face?

3.) What is Allah engaged in at this moment?

The Great assembly of people remain SILENT! (Can you think of answers to these Questions?)

In the midst of these brilliant Scholars and Students of Islam, there was a man looking on with his SON.

"O my Dear Father! I will answer him and SILENCE him!" said the young man. So the boy sought the permission of the Khalifah to answer the questions and was granted.

The Roman addressed the young Muslim and repeated his first question:

"WHAT WAS THERE BEFORE ALLAH?"

The boy now asked, "Do you know how to count?"

"Yes" said the Roman.

"Then count down from Ten" said the boy.

The Roman started,

"Ten, Nine, Eight....." until he reached One and he stopped.

"But what comes before One?" said the boy.

"There is nothing before One. That is it!" the Roman replied.

"Well then, if there obviously is nothing before the arithmetic 'One', HOW DO YOU EXPECT THAT THERE SHOULD BE ANYTHING BEFORE THE 'ONE' WHO IS ABSOLUTE TRUTH, ALL-ETERNAL, EVERLASTING, THE FIRST, THE LAST, THE MANIFEST AND THE HIDDEN?" said the boy.

Now the Roman was so surprise with this DIRECT ANSWER which he could not dispute.

So he asked:

"TELL ME IN WHICH DIRECTION DOES ALLAH FACE?"

"Bring a candle and light it" said the boy.
"And tell me in which direction is the flame facing?"

"But the flame is just a light; it spreads in Each of the four directions North, South, East and West. It does not face any one direction only." said the Roman in wonderment!

The boy cried: "Then if this physical light spreads in all of the four directions such that you can not tell which way it faces,

THEN WHAT DO YOU EXPECT OF THE NOO-RUS SAMAA WAATI WAL ARD. ALLAH THE LIGHT OF THE HEAVENS AND THE EARTH? LIGHT UPON LIGHT, ALLAH FACES ALL DIRECTIONS AT ALL TIMES."

The Roman was stupefied and astounded that here was a young child answering WHAT HE CALLED CHALLENGES in such a way that he could not argue. So he desperately wanted to ask his final question.

But before doing so, the boy said,

"Wait! You are the one who is asking the questions and I am the one answering them. It is only fair if you come down to where I'm standing and I should go up to where you are right now, so that the answers may be heard as clearly as the questions."

This seemed reasonable to the Roman, so he came down to where the boy was standing, leaving the boy to go up to where he was.

The Roman repeated his final challenge,'
"TELL ME. WHAT IS ALLAH DOING AT THIS MOMENT?"

The boy proudly answered: "At this moment, when Allah found upon this platform a LIAR AND MOCKER OF ISLAM, HE (ALLAH) CAUSED HIM TO DESCEND AND BROUGHT HIM LOW. AND AS FOR THE ONE WHO BELIEVED IN THE ONENESS OF ALLAH, HE RAISED HIM UP AND ESTABLISHED THE TRUTH. Everyday He exercises (Universal) POWER (Surah 55 Ar Rahman, v. 29)."

The Roman had nothing to say except to leave and return back to his Country, DEFEATED.

Meanwhile, this young Boy grew up to be One of the Most Famous Scholars of Islam.

Allah the Exalted Blessed him with special Wisdom and Knowledge of the Deen (Religion). His name was: ABU HANIFAH (rahmatullahi Alaihi) May Allah Have Mercy On Him And He Is Known Today As IMAM AZAM ABU HANIFAH (the Great Scholar Of Islam).

Äl Kauŝar Págė 4

QASIDA ME'RAAJIA

ALA HAZRAT IMAM AHMED RAZA KHAN BAREILVI 🐇

- 1.) Woh sarwar e kishwar e risalat jo arsh per jalwah gar huye thay Naye nirale tarab kay saaman Arab ke mehman kay liye thay.
 - 2.) Bahar hai shadiyan mubarak chaman ko aabadiyan mubarak Ialak falak apni apni lay main yeh ghur ana dil

Malak falak apni apni lay main yeh ghur ana dil ka boltay thay.

- 3.) Wahan falak per yahan zameen main rachi thi shaadi machi thi dhoomein Udhar say anwar hastay aatay idhar say anwaar ooth rahay they.
- 4.) Yeh joot parti thi unkay rukh ki kay arsh tak chandni thi chhatki Woh raat kiya jagmaga rahi thi jagah jagah nasab aainay they.
 - 5.) Nayi dulhan ki phaban main Kaaba nikhar kay sanwara sanwar kay nikhra Hajar key sadqay kamar key eik til main rang lakhoon banao key they.
- 6.) Nazar main dulha key pyaray jalway haya say mehrab sir jhukaye Siyah parday kay moun per aanchal tajaliye zaat e bahat say thay.
- 7.) Khushi kay badal umand kay aaye diloon kay taoos rang laye Woh naghma e naat ka samaan tha Haram ko khud wajd aa rahe thay.
- 8.) Yeh jhooma Mizab e zar ka jhoomer kay aa raha kaan per dhalak ker Phuhar barsi to moti jhar ker Hatim ki gaud mein bharay they.
- 9.) Dulhan ki khushboo say mast kapray nasim e gustakh aanchloon say Gilaf e mushkeen jo Oord raha tha ghazal naafe bassa rahay thay.
 - 10.) Pahardiyoon ka woh husn e Taz'een woh oonchi choti woh nazo tamqeen Saba say sabzah main lehrein aateen dupatay dhani chunay huye thay.
- 11.) Naha kay nehroon nay woh chamakta libas aabay rawan ka pehna Kay mauj e chardiyaan theen dhaar lachka habab e tabaan kay thal takay thay.
 - 12.) Purana purdag malgaja tha utha diya farsh chandni ka Hajoom e taringah say kosoon qadam kadam farsh badily thay.

- 13.) Ghubar ban ker nisaar jayein kahan ab uss rah guzar ko payein Hamaray dil huriyoon ki aankhein farishtoon kay per jahan biche thay.
- 14.) Khuda hee day sabr jaan e purgham dikhaoon kyun kar tujhay woh a'alam Jab unko jhurmat main lakay qudsi jinnah ka dulha bana rahay thay
- 15.) Utar ker unkay rukh ka sadqa yeh noor ka but raha tha bada Kay chand suraj machal machal ker jabeen ki khairat mangtay thay
- 16.) Wohi to ab tak chalak raha hai wohi to joban tapak raha hai

Nahanay may jo gira tha pani katoray taroon nay bhar liye thay.

- 17.) Bacha jo talwoon ka unkay dhouwan bana woh Jannat ka rang o roghan Jinhoon nay dulha ki payi utran woh phool gulzar e noor kay thay.
- 18.) Khabar yeh tehweelay maher ki thi kay rut sunhani ghadi phiray gee Wahan ki poshak zay-bay tan ki yahan ka jorha badha chukay thay
 - 19.) Tajaliy e haq ka sehra sar per salat o tasleem ki nichawar Do roya qudsi paray jama kar kharhay salami kay waastay thay.
- 20.) Jo hum bhi waan hotay khaq e gulshan lipat kay qadmoon say ley tay utran Magar karein kiya naseeb main to yeh namuradi kay din likhay thay.
- 66.) Nabi E Rehmat Shafi E Ummat RAZA pay Lillah ho inayat Isay bhi unn khal'atoon say hisa jo khas rehmat kay waan bate thay.



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QASIDA ME'RAAJIA

ALA HAZRAT IMAM AHMED RAZA KHAN BAREILVI 🐇

- 1.) When the supreme Prophet went to his journey to the Divine Throne of ALLAH, there were very special arrangements made to welcome the unique guest from Arabia...
- 2.) It was spring time, there were echoes of salutary greeting in the dales, then the angels n the skies were singing happy songs in their own way like the nightingales.
- 3.) On the Heavens above n the earth below there was festive celebration, the dazzling lights came down smiling and the fragrant perfumes went up on this occasion.
- 4.) The light emitted by his radiant face created a moonlight near ALLAH's throne, the night was resplendently lit thru a multitude of mirrors n brightly shone.
- 5.) The Kaaba dressed herself most immaculately to welcome her bridegroom with pride, the black stone looked like a beautiful mole on her charming body's side.
- 6.) With bashful looks the niche lowered her upright head in sheer delight, the covering black curtain gracefully moved, saturated with the Divine Light,
- 7.) The clouds spontaneously advanced n the hearts engaged in a peacock dance, to honour the Prophet (SAW) in a creative stance the Kabaa gazed at him in a lyrical trance.
- 8.) The golden ornaments of Meezaab gently moved towards the ear from her forehead, when it drizzled, the raindrops gathered like pearls on Hateem's welcoming bed.
- 9.) The bride's body-fragrance intoxicated the surrounding breeze and her own garment; When the perfumed curtain furled, the gazelles rushed to store its unique scent.
- 10.) The happy hills smiled and their elegant tops stood out in space, like a maiden's head-scarf the shoots of green grass rhythmically moved with grace
- 11.) The fresh-looking and well-clad rivers ran thru the well trimmed bowers, it was a rare visual feast of stormy waves, rushing waterfalls and bubbling showers.
- 12.) The old white-floor of moonlight was removed as it was not satin-free, the new greenfloor consisted of gardens and flowers as far as one could see.

- 13.) More precious to us than our lives! Where is the Blessed Prophet's blessed pathway, On which our humble hearts, the heavenly damsels and wings of the angels lay.
- 14.) The moment was indescribably exciting, when the angels, pure and wise, Gathered round him and dressed him as the bridegroom of Paradise.
 - 15.) The light emitted by his face was distributed among the beggars with generosity.

 The moon and the sun begged most eagerly for this bright charity.
 - 16.) The same luminous water still shining in their bright path,
 Which the stars had gathered in their cups from his overflowing bath.
- 17.) With the surplus sole-washed water Paradise was painted bright,
 Those who wore his used-clothes became flowers, of

Those who wore his used-clothes became flowers, of the garden of light.

- 18.) The sun revealed the news that Allah Almighty's beloved MessengerWas soon expected to come back after meeting his Creator.
- 19.) The wedding crown of Allah's light was on his head amidst a blissful prayer;The Angels stood on both sides of his way to present
- The Angels stood on both sides of his way to present a salute of honour.
- 20.) Had we been there, we would have sought for some charity;How could that happen, when we were destined to live this life of poverty?
- 66.)Take pity on Raza, O our Intercessor and Allah's Messenger of Mercy!

 Grant him a small share from the gifts distributed during the Meraaj journey.

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Ál Kauŝar

HOME REMEDIES FOR ULCER

COMPILED BY HASINA BEGUM SAYED

A stomach ulcer, also known as a gastric ulcer, is a sore or lesion that develops in the lining of the stomach. It can also occur in the upper part of the intestine.

Stomach ulcers occur when the lining of the stomach or upper intestine gets irritated by the harmful effects of stomach acid'

Cabbage

Cabbage is a great remedy for a stomach ulcer. Being a lactic acid food, cabbage helps produce an amino acid that stimulates blood flow to the stomach lining. This in turn helps strengthen the stomach lining and heal the ulcer.

Plus, cabbage contains a good amount of vitamin C, which has been found to be particularly beneficial for patients with H. pylori infections. Also, experiments indicate that fresh carrot juice contains an anti-peptic ulcer factor (vitamin U).

1.Cut one half of a raw head of cabbage and two carrots into small pieces and put them in a blender to

extract the juice. 2.Drink one-half cup of this juice before each meal

and at bedtime. 3.Repeat daily for a few weeks. Be sure to use fresh juice each time.

Bananas

For stomach ulcer treatment, both ripe and unripe bananas are very effective. Bananas also protect the system by wiping out the acidity of gastric juices. This helps reduce inflammation and also strengthens the stomach lining.

- •To treat an ulcer, eat at least three ripe bananas a day. If you do not like eating bananas, you can make banana milkshakes.
- ·Alternatively, peel two or three bananas and cut them into thin slices. Put the slices in the sun until they become dry. Grind the dried banana pieces into a fine powder. Mix together two tablespoons of this powder and one tablespoon of honey. Take this mixture three times a day for about a week.

Cayenne Pepper

Surprisingly, cayenne pepper is another very effective remedy for treating stomach ulcers. Mix one-eighth teaspoon of cayenne pepper in a glass of warm water. Drink it twice a day for the first two to three days. Gradually increase the amount of cayenne pepper up to one-quarter-teaspoon twice daily for the rest of the week.

·Alternatively, take cayenne capsules that you can buy at health food stores. Take three capsules a day

immediately after meals for one week. You can also add a pinch of cayenne pepper to soups, meats and other savory dishes.

Coconut

Coconut is very good for people suffering from stomach ulcers because of its antibacterial qualities. It kills the bacteria that cause ulcers. Moreover, coconut milk and coconut water have anti-ulcer

properties. Drink a few cups of fresh coconut milk or tender coconut water daily. Also, eat the kernel of the tender coconut. Follow this treatment for at least one week

to get positive results.

·Alternatively, take one tablespoon of coconut oil in the morning and another at night for one week. As coconut oil is mainly composed of medium-chain fatty acids, it can be easily digested.

Several studies suggest that licorice works effectively for treating and preventing stomach ulcers. It helps the stomach and intestines produce more protective mucus that forms a coating over the stomach lining. This in turn eases the pain from ulcers and speeds up the healing process.

·Mix one-half teaspoon of licorice root powder in one cup of water. Cover it and let it sit overnight. The next morning, add one cup of cooked broken white rice (a grade of rice consisting of grains broken during the milling process) into this infusion and eat it. Repeat daily for one week to get positive results. Another option is to drink licorice tea two or three

times a day for one week.

Fenugreek

Fenugreek is known for its powerful healing properties and health benefits. You can use it to treat stomach ulcers also. Being rich in a mucilaginous compound, fenugreek protects the stomach's lining by coating it like mucus, thereby facilitating the process of healing.

·Boil one teaspoon of fenugreek seeds in two cups of water. Strain and drink it after adding a little honey to

·Another option is to consume one teaspoon of fenugreek seed powder along with milk.

·Alternatively, you can boil one cup of fenugreek leaves, add a little honey, and eat it twice a day. Follow any of these remedies twice daily for about a

Raw honey has potent healing properties that help a lot in the treatment of stomach ulcers. An enzyme called glucose oxidase in honey produces hydrogen peroxide, which in turn kills harmful bacteria that cause ulcers. Plus, it soothes and reduces the inflammation of the stomach lining.

Take two tablespoons of raw honey daily, early in the morning on an empty stomach. It will help cleanse the bowel, strengthen the stomach lining, and

prevent and treat stomach ulcers.

RUNNING IN THE RAIN..

A little girl had been shopping with her Mom in Target. She must have been 6 years old, this beautiful red haired, freckle faced image of innocence. It was pouring outside. The kind of rain that gushes over the top of rain gutters, so much in a hurry to hit the earth it has no time to flow down the spout. We all stood there under the awning and just inside the door of the Target.

We waited, some patiently, others irritated because nature messed up their hurried day. I am always mesmerized by rainfall. I got lost in the sound and sight of the heavens washing away the dirt and dust of the world. Memories of running, splashing so carefree as a child came pouring in as a welcome reprieve from the worries of my day.

The little voice was so sweet as it broke the hypnotic trance we were all caught in "Mom let's run through the rain," she said.

"What?" Mom aşked.

"Lets run through the rain!" She repeated.

"No, honey. We'll wait until it slows down a bit," Mom replied.

This young child waited about another minute and repeated: "Mom, let's run through the rain,"

"We'll get soaked if we do," Mom said.
"No, we won't, Mom. That's not what you said this morning," the young girl said as she tugged at her Mom's

This morning? When did I say we could run through the rain and not get wet?

"Don't you remember? When you were talking to Daddy about his cancer, you said, 'If God can get us through this, he can get us through anything!

The entire crowd stopped dead silent. I swear you couldn't hear anything but the rain. We all stood silently. No one came or left in the next few minutes. Mom paused and thought for a moment about what she would say. Now some would laugh it off and scold her for

being silly. Some might even ignore what was said. But this was a moment of affirmation in a young child's life. A time when innocent trust can be nurtured so that it will bloom into faith.

"Honey, you are absolutely right. Let's run through the rain. If GOD let's us get wet, well maybe we just needed washing," Mom said.

Then off they ran. We all stood watching, smiling and laughing as they darted past the cars and yes, through the puddles. They held their shopping bags over their heads just in case. They got soaked. But they were followed by a few who screamed and laughed like children all the way to their cars.

And yes, I did. Iran. I got wet. I needed washing.

Circumstances or people can take away your material possessions, they can take away your money, and they can take away your health. But no one can ever take away your precious memories...So, don't forget to make time and take the opportunities to make memories everyday. To everything there is a season and a time to every purpose under heaven. I HOPE YOU STILL TAKE THE TIME TO RUN THROUGH THE RAIN.

Keep in touch with your friends, you never know when you'll need each other -- and don't forget to run in the rain!

DANGEROUS US-ISRAEL DUO

BY DR FIROZ OSMAN

The ideological bond between US President Donald Trump and Israeli Prime Minister Benjamin Netanyahu was evident when praise was heaped on the former for his intention to build a wall on the Mexican border. However, that bond is not only a right-wing racist link, but also a financial boon, illustrated by the boost in the shares of Yehud, an Israel-based group that is expected to build the wall. This was the same company that built Israel's separation/apartheid wall, which was declared illegal by the International Court of Justice in 2004.

What Trump ignores is that Israel, in violation of international law, constructed about 85% of the wall's route inside occupied Palestinian territory and justified it in the name of "security". This annexation accounts for nearly 10% of the West Bank and includes prime agricultural land and strategic water reserves.

If Trump delves into history, he may be surprised to learn that the expansionist-minded US annexed one-third of Mexico's territory, including California. There is therefore much more in common with Netanyahu's Zionist project of annexing Palestine's West Bank.

Is it possible that the Israeli tail is wagging the US dog, including the ban on Muslims entering the US? Israel has, again violating international law, forbidden the return of indigenous Muslims and Christians to their homes since 1948.

The ban on Muslims from seven countries, all of them bombed by the US and none of their citizens guilty of "terrorism", will only fuel anger against the US. A conservative estimate by an investigative journalist suggests between 4-million and 8-million Muslims have been killed since September 11 2001.

And Trump, like Netanyahu, is not averse to using torture and indiscriminately killing civilians. The new US president sees nothing wrong with waterboarding, and will in all likelihood fill the dungeons with innocent victims exposed to "enhanced interrogation" at "black sites" under the guise of "security".

With Netanyahu stoking the flames of Islamophobia for decades, the Trump presidency is primed to plunge the world into an inferno.



STRICTLY HALAAL

GRILLED OR FRIED, SOMETHING TO BE TRIED

Al Kauŝar

Are You Hurting?

Assalaamu alaikum

Can any of you reading this article accept that an individual can survive on his own? Sooner or later, we all look for some company. We are social beings; this means that we depend on one another. We have to have people around us that we can interact and communicate with.

This is the way Allah Ta'ala intended us to live. He sent us into family structures. He chose the family you are in. (Remember this!) Do we all accept this? Of course we do! Is there any one out there who can say that he chose his own parents? No, I didn't think so!! This was Allah's will, we all accept this fact, without any doubt. So, Allah intended that we live in a social structure.

We need individuals around us for support and care, to communicate with and to learn from. Those we trust, we keep very close to us, and there are those that we practice caution with. We all have these situations, in various degrees, in our lives.

What do we do when those individuals we place our trust in, do something to disappoint or hurt us? Why does it weigh so much on our heart? Why does it consume our thoughts so much that it affects our normal functioning? So much so, that it can even affect our health!

This is because you placed your trust in these individuals. You allowed them to get close to you. You shared things with them that you would not normally have with others. And when they betray you, it feels like it is the end of the world, isn't it? Many of you know what I'm talking about. We all have experienced this at some time in our lives, some may even be going through something right now. Each one of us feels that the next person does not understand or, cannot really know what you are

experiencing. That is absolutely correct! No one else can feel the emotions that you are going through.

But, we all can relate to it, as we all have been through hurt and betrayal. There are many others who have gone down the very same path you are on; maybe on a different level or degree. There are some survivors who have scars to show for it; others who have moved on.

How do YOU deal with it? This is what separates YOU from the rest. Do you feel so depressed that you could resort to drugs, alcohol and violence? Do you shut yourself out from the rest of the world? These are not long term solutions. They are just temporary; the effects of the damage could be permanent or, extremely harmful to you.

But, what are you doing? You are causing more harm to yourself. You are no better than those who hurt you. You are doing exactly what they did, this time though, you are betraying the one individual you can always rely on, YOURSELF!

All of us go through a cycle of emotions: anger, self blame, denial and, acceptance. Allah has created us like this. Just as He has made us a part of the greater social structure, He has also awarded us with a number of structures to fall back on.

We are so consumed with our own feelings that we forget! We forget that there are people that Allah has chosen the people around us, for us. These are the ones we fall back on. These are our pillars of strength and support structures not the vices of Shaytaan.

Remember that this world is only our temporary abode. Allah Ta'ala will not test you more than you cannot handle. Place your trust in Him!!

All the best from Yasmin Omar



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Al Kauŝar



YOUR QUESTIONS ANSWERED

BY MOULANA SHAH FAISAL KHAN QADRI MISBAHI



Q1) What are some of the virtues of Rajab?

A1) Sayyiduna Abdullah Ibn Zubair (R.A) has reported, "Whoever alleviates distress of any Muslim in the month of Rajab, Allah Azza Wajal will grant him a place in Paradise, which will be as spacious as the farthest limits of sight." Honour Rajab, Allah Azza Wajal will honour you with a thousand respects. [Ghunya-tut-Talibin]

There is a night in Rajab in which the one doing a good deed is granted the Sawaab of good deeds of 100 years and that night is the 27th of Rajab. Whoever offers 12 Rakaats in this nights, reciting Surah Fatiha followed by any other Surah in each Rakaat, sits for Attahiyaat after every 2 Rakaats and having offered Salaam after 12 Rakaats, invokes SubhanAllahi Wal Hamdulillahi Wa Laa Illaha Illalahu Wallahu Akbar, Istighfaar and Salaat-alan-Nabi, each a 100 times and then asks for Du'aa for whatever thing belonging to worldly life or afterlife and fasts the next day, Allah Azza Wajal will accept all his supllications except those that were made for sin. [Sha'ab-ul-Imaan, Vol 3 pg 374]

Once, Sayyiduna Isa passed by a refulgent mountain. He requested in the court of Allah, "Ya Allah! Grant this mountain the faculty of speech." The mountain then spoke, "O Ruhullah! What do you want?" Hazrat Isa see replied, "Reveal to me your account." The mountain said, "A person lives inside me." Sayyiduna Isa Requested in the court of Allah, "Ya Allah! Reveal him before me." All of a sudden the mountain split open and a saint with a face refulgent like the moon emerged from it. The man said, "I am the follower of Sayyiduna Moosa . I made Du'aa to Allah to keep me alive until the advent of the Last Prophet Muhammad SAW, so that I may behold him and I may get the honour of getting inducted into his Ummah. I have been worshipping Allah in this mountain for 600 vears."

Sayyiduna Isa see requested in the court of Allah, "Ya Allah! Is there anyone more honourable to You than this special servant of Yours?" Allah Ta'aala replied, "O Isa! Whoever amongst the Ummah of Muhammad SAW fasts a single day in the month of Rajab is more honourable to Me than this person." [Mizha-tul-Majalis, vol 1 pg 2081

Sayyiduna Abdullah Ibn Abbas RA has narrated that the Beloved and Blessed Prophet SAW has said, "The fast of the first day of Rajab is atonement for three years, the fast of the second day of Rajab is atonement for two years, the fast of the third day of Rajab is atonement for one year and then the fast of each remaining day is atonement for one month. [Al Jami-us-Saghierlis-Suyyuti pg 311]

May Allah Ta'aala grant us the Taufiq to fast in the month of Rajab. Aameen!



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"O Mankind! Eat of the lawful and good things from what is in the earth, and follow not the evil. Surely he is an open enemy to you (S2: V168)

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Äl Kausar Pagė 10

LULLING THE MIND

BY FAIZEL KHAMKAR

This month witnessed the Palestinian week. The historic perspective as well as the current position was highlighted at various places and events. The stark reality which should have been driven home is that the oppression of the Palestinian people continues unabated. Unfortunately the greater reality is that the media and international NGO's has been deafening silent. The mass murder, brutality and inhumanity still exist in other places in Syria, Kashmir, Myanmar, Yemen and other places. Despite this reality these atrocities are no longer in the public domain for discussion and debate. This can be attributed to the media and the politicians lulling our minds by simply not reporting these events. The suppression of UN reports on human rights violation by the UN itself serves as sufficient proof.

At this stage of our development as a global community we should realise that the media have their own agenda and we should not be influenced by their agenda. The blame for lulling our minds should therefore be placed on our table.

The American election results, BREXIT. Gert Weelder's election campaign had sent out a clear message. A message which says Muslims whether moderate or extreme must be re orientated to think the Western way before acceptance can be considered and that Islam is a pariah religion that has no place in the modern world. A cursory glance at the results and not the rhetoric will make it quite clear that one of the greatest dangers we face is our inaction in the face of imminent threats together with a complacent mind dulled by agendas which is unclear to us.

We are very conscience about ensuring that our medical check up's are regularly seen to. The awareness that one organ is dependent on the functioning of another organ creates a focus of being aware constantly about our wellbeing to the extent that we do not need reminders. Despite this knowledge we fail to apply this knowledge as an existential necessity as a Muslim brotherhood or community. The focus shifts completely when we

differentiate between the self and the community. We allow the lulling of the mind in one instant and resist this disease in the other. On the positive side this reality reflects our inherent ability to be able to achieve this focus and it requires a change in mindset.

The election campaign of Trump was simplistically put, the building of a wall. This is strategy is not new and in our lifetime we had seen the erection of the "Apartheid wall" in Israel and the breaking down of the "Berlin wall". The "Chinese wall" was historically celebrated as the biggest failure. These walls have therefore been proven to be futile because of its barren nature. In accepting this fact than should we not be wary in creating mental walls for ourselves? We would be allowed on the odd occasion to see a bit of light when we are allowed near the entrance of the wall. This mental wall has to be torn down if we are to advance. It is the lulling of our mind which facilitates the stagnation which we find ourselves in and the building of this mental wall is a negative reaction created by us as individuals. We need to realise that these walls must fall and is destroyable.

On the resolve to removing the lulling of our minds and acting on that resolve we would be able to create a platform that would allow a continuous stream of factual information. This knowledge (the good characteristic of any knowledge) would bring about an awareness of the body of our community. This would allow us to react in a rational and planned way. This would then oppose the manipulation of our emotions by the media who select which news they should expose or what news should be denied to us. It is from this platform that we escalate our thinking and actions to develop a wholesome body. We should not be apologetic by using current technology such as social networking as the basis of technology was gifted to the world by Muslim thinkers. We should however be wary of misinformation as well as disinformation. Our development is in our hands and all that is required is a change in mindset and earnest endeavour.





Äl Kausar Page 11

INTERNATIONAL NEWS FOCUS

BY FAKIR HASSEN

Pennsylvania State, USA - The repetitive physical movements of Salaat rituals can reduce chances of lower back pain if performed correctly, according to a new study published in the International Journal of Industrial and Systems Engineering. The study found that not only does quiet prayer eliminate physical anxiety, but that proper knee and back angles can be an effective clinical treatment. "One way to think about the movements is that they are similar to those of yoga or physical therapy intervention exercises used to treat low back pain," said Professor Mohammad Khasawneh from Binghamton University in the US, who led the study. The kneeling posture, known as sujud, apparently increases the elasticity of joints. The study did not however address how people with disabilities who often perform their salaat seated on chairs, could derive any benefit from this.

Islamabad, PAKISTAN - Pakistani Interior Minister Chaudhry Nisar Ali Khan has called on the international community to stop the Islamophobic habit of referring to "Muslim terrorists". The minister was speaking at the closing session of a two-day Pak-UK international seminar on `Sharing Experiences in Stabilisation and Peace Efforts' at the National Defence University. "I feel humiliated when my religion is targeted and is equated with terrorism," Khan said, adding that 1,2 billion Muslims were, in fact, the worst sufferers and victims of terrorism. The international community must differentiate between terrorism and freedom movements, he said.

New York, USA - India will be the country with the world's largest Muslim population by 2050, according to a study by the American Research Centre. While Islam is currently the world's second-largest religion after Christianity, it is now also the fastest-growing major religion. While Indonesia currently has the largest Muslim population in the world, India will have that distinction by the year 2050, with more than 300 million Muslims. The report said the Muslim population in Europe is also growing, expecting that 10 percent of all Europeans will be Muslims by 2050. In an earlier report, Pew said that while the world's population is projected to grow 35 percent in the coming decades, the number of Muslims is expected to increase by 73 percent - to 2.8 billion in 2050. Muslims were the only major religious group projected to increase faster than the world's population as a whole.

Makkah (IINA) – Iranian pilgrims will participate in this year's annual pilgrimage of Hajj. For the first time in nearly three decades Iranian pilgrims which would have numbered about 60.000 — did not attend last year's Hajj after Riyadh and Tehran failed to agree on security and logistics. Tensions remain as Saudi Arabia repeatedly accuses Iran of fuelling conflicts by supporting armed Shiite movements in Syria, Irag, Yemen and Bahrain. But after talks between the two sides, the Iranians will join this year's Hajj which takes place at the end of August.

Ras Al Khaimah, UAE - Ras al-Khaimah, the northernmost emirate of the United Arab Emirates, will soon open its first smart and green mosque after the completion of a project to renovate a small ancient mosque. The project will save nearly 10,620 UAE Dirhams (about \$2900) of the water and power costs yearly, thanks to the smart and green improvements. The lighting in the mosque is solar-powered and motion sensor controlled, and the air conditioners are controlled via a smart system that manages the mosque's cooling according to the temperatures in winter and summer. The water tank heaters are also solarpowered. The loudspeakers in the smart and eco-friendly mosque will automatically turn on immediately when the imam stands on his prayer mat, and turn off after he finishes the prayer.

Oregon State, USA - Sportswear giant Nike is developing a highperformance hijab for Muslim women athletes in the latest move to bring the Muslim clothing industry into the branded fashion mainstream. The Nike Pro-Hijab, which will be available in stores in 2018, is the result of "an ongoing cultural shift that has seen more women than ever embracing sport," Nike said in a statement. "This movement first permeated international consciousness in 2012, when a hijabi runner took the global stage in London." Nike's goal was to create a lightweight hijab that was "inconspicuous, almost like a second skin," the company said. Its design is now being used by select Muslim women in the Gulf region's competitive sports scene.



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Guest Of Honour

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Programme

THURSDAY 6th APRIL

Khatam Shareef After Eshah Salaah (8:30 p.m)

FRIDAY 7th APRIL

MEHFIL-E-NAAT -O- MANQABAT After Eshah Salaah (8:30 p.m) Featuring

MOULANA GHULAM MURTUZA QASIM ZIAEE SAHEB (U.K.) **JANAB BAITULLAH MINHAI SAHEB (India)** HAFIZ MUHAMMAD RAASHID KAZI

(KITCHRA NIAZ WILL BE SERVED AFTER THE PROGRAMME)

SATURDAY 8th APRIL

SUNDAY 9th APRIL

3:00 p.m

Khatme Khwajegaan & Khatme Saabri

⊘After Asar Salaah (5:00 p.m)

March Past by the Lenasia Muslim Brigade from the Saaberie Chishty Masjid to Gulistaan-e-Saaberie Chishty-Hoisting of the NISHAAN-e-SAABERIE

- After Maghrib Salaah (6:30 p.m) Niaz Supper will be served
- Oiraat, Naat, Lecture & Oawwali

Featuring Local & Internation Artists

9:30 a.m March Past by the Lenasia & Pretoria Muslim Brigades from opposite Saaberie Jumuah Masjid Rose Avenue to Gulistaan-e-Saaberie Chishty

> Oiraat, Naat & Lectures by leading Ulama featuring: **ALLAMA SAYED HOOSAINI MIA ASHRAFI SAHEB ALLAMA PIR SAQIB SHAMI SAHEB**



Venue: "Gulistaan Saaberie Chishty" Residence of Sayed Brothers 21 Dahlia Avenue Ext. 2 Lenasia, Johannesburg, South Africa Eng: info@saaberiechishty.co.za Tel: 011 854-4618