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SAFAR 1437/2015 صَنْقَنَّ

THE SUFI-LEGACY

For reward forwarded upon our grandmaster amongst the sufis Hazrat DATA ALI HAJVERI R.A.

Most of us worship on the flimsiest knowledge and understanding of God. Were we to seek that knowledge, the signs and evidence would lead to increased perception enhancing the requested state of Worship.

Then when the seeker tastes his first drop of the wine of 'closeness' to his Creator, his entire being changes, where he is ready to surrender all that is known for more of the unknown.

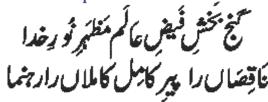
When he senses the possibility of an actual relationship with the Creator his elation turns him into an infatuated lover.

He feels jilted when the lure of intimacy wanes, falling into despair and sorrow. This then becomes the state of worship that the favoured ones are blessed with.

Yet there are some from this group who

surrender these volatile states imagining a hIgher perch of achievement, and fixed permanence. They are unfazed by separation or closeness.

Servant-hood! With patience, and resignation to the Divine Will as their ultimate worship.



"Gani Bakhshe Faize Aalam Mazhare Noore Khuda Naqisara Peere Kaamil Kaamilara Rahnuma"

Translation: The treasure house of Blessings upon the world, manifestation of Divine light.

A guide for the seeker, and also the perfected

Urs Mubarak!

BIRTH OF THE NEW MOON FOR RABI-UL-AWWAL 1437 FRIDAY 11 DEC.2015 @ 12:29





HAZRAT HAFSA BINT UMAR

WIFE OF THE HOLY PROPHET &

Hafsa may ALLAH be pleased with her was the daughter of Sayyiduna Umar ibn al Khattab. She had been married to someone else, but was widowed when she as still very young, only eighteen. Umar asked both Abu Bakr and Uthman ibn Affan, one after another, if they would like to marry her, but they both declined because they knew that the Prophet # had expressed an interest in marrying her. When Umar so went to the Prophet to complain about their behavior, the Prophet smiled, and said, "Hafsa will marry one better than Uthman and Uthman will marry one better than Hafsa." Umar was startled and then realized that it was the Prophet was asking for her hand in marriage. He was overcome with delight. They were married just after the battle of Badr, when Hafsa was about twenty years old and the Prophet # as fifty-six. By this marriage, the Prophet strengthened the ties between two of his closest Companions, the two who would become the first two rightly guided khalifs. He was now married to the daughter of Abu Bakr 🚓 A'isha and to the daughter of Umar, Hafsa.

Two of the other closest Companions of the Prophet who would become the third and fourth Rightly guided Khalifs were also connected to the Prophet through marriage. Uthman ibn Affan amarried Ruqayya, then daughter of the Prophet, in Mecca, and then, after her death in Medina, soon after the battle of Badr, he had married Umm Khulthum, also the daughter of the Prophet Lit was because he married two of the daughters of the Prophet that Uthman was given the title of Dhun Nurayn, which means 'the possessor of two lights'. And Ali ibn Abi Talib had married Fatima, the beloved and youngest daughter of the Prophet shortly before the Prophet had married A'isha.

Hafsa, like A'isha with whom she became close friends, was never at a loss for words, and was not afraid to argue with the Prophet # who was content to allow her to say what she thought. One day, while speaking to Hafsa's mother Umar 🐗 said, "I think I shall so and so." Whereupon his wife replied, "But it would be better if you did such and such." "Are you arguing with me, woman?" said Umar who was a fierce man who did not expect his wives to talk back at him. "Why not?" she answered. "Your daughter keeps arguing with the Messenger of ALLAH until she upsets him for the whole day." Umar 🐇 immediately put on his cloak and went directly to his daughter's house. "Is it true that you argue with the Messenger of ALLAH?" he asked. "Indeed I do." She replied. Umar was just about to chastise her for what

he considered were bad manners, when the Prophet acame into the room and would not allow him to even touch her. So Umar went round to visit Umm Salama, to whom Umar was related in order to try and influence Hafsa's behavior through her.

"I wonder at you, Ibn Khattab," she said, after she had listened to him. "You have interfered in everything. Will you now interfere between the Messenger of ALLAH and his wives?" Sayiduna Umar when relating this incident, continued, "And she kept after me until she made me give up much of what I thought proper. The Prophet ## did stay away from Hafsa for a few days.

Then the Prophet **s** took her back after Jibril had descended and said to him. "Take Hafsa back. She fasts and prays and she will be your wife in the Garden." Like A'isha, Hafsa memorized the entire Qur'an by heart. The written copy of the Qur'an which was recorded by Zayd ibn Thabit on Abu Bakr's instructions, and which was then given to Umar for safekeeping, was then given by Umar to Hafsa to look after. When Uthman so eventually became the khalif, he instructed several written copies of the Qur'an to be made so that they could be sent to the main centers of the now rapidly expanding Muslim empire, and it was the copy in Hafsa's keeping that was used, after it had been meticulously checked for its accuracy by referring to all the other written records of the Qur'an and to all the Muslims who knew the Qur'an by heart.

Hafsa lived with the Prophet in Medina for eight years, and lived on for another thirty four years after his wisaal, witnessing with joy the victories and expansion of Islam under her father's guidance, and with sorrow the troubles that beset the Muslim community after the murder of Uthman. She died in 47 AH at the age of sixty-three. May Allah be pleased with her.

MADRESSA SAABRIYYA CHISHTIYYA CELEBRATES SILVER JUBILEE

AL KAUSAR CORRESPONDENT

It is with great pleasure and happiness to learn that Madressa Saabriyya Chishtiyya has reached a 25 year milstone 'Silver Jubilee" since its formation. The establishment of this Madressa was based on the vision of guiding our community where the core principals of our faith are instilled into our children. It has become the country's prominent Madressa by its educational produce in a space of 25 years and its success is being attributed to its devoted pioneers, from its founders, teachers and learners.

25 years is a milestone in the history of the institution and it will herald a new beginning and going ahead for the Zia Uloom, Madreesa and its learners. 25 years Silver jubilee is a life filled and lived with integrity and is a shining star in whose light guides a many in previous and future years. The success of Madressa Saabriyya Chishtiyya has been based on their total understanding and the will to work together as a complete unit. Together we have achieved and produced extensive programs from 1990 to 2015.

This institution has been formalized on proper and appropriate development of religious conciuosness in our children 25 years down the road, which has grown into a force to be reckoned with in our communities as it has strived to instill confidence, pride and love in our children. Saaberie Chishty Society have maintained its spiritual connection with spiritual luminaries whose efforts, dedication, and spiritual guidance have a significant profound influence with the touch of grace, the great examples of Hazrat Baba Fareed Shakar Ganj, Saints like Hazrat Khwaja Mouniddin Chishty, Hazrat Makhdoom Alahuddin Sabir Kalyari and all the Auliya of the Chishty order, - May Almighty Allah Bless them all Ameen!

Just to reflect on its transformative influence since 1966 Saaberie Chishty Society has made immense contribution in promoting the cause of Islam. As the branches of the Society grew so did the efficiency with which it ran the Burial Division, Welfare & Feeding Scheme, Masjid, Madressa Saabriyya Chishtiyya, Saaberie Chishty Hall,

Saaberie Chishty Dawah Centre, Ambulance Services, Blanket distributions, Qurbani Operation, etc., not only were these pursuits of educational and spiritual value, but also promoted community participation in events such as the celebrations of Urs Shareef, Meeladun Nabi etc..

At this juncture let's not forget this community, Madressa Saabriyya Chishtiyya would not be what it is today, had it not been for the parents of the students and the sponsors. The age of this Madressa resonates an interesting observation, and illustrate what have achieved so far, and is a tribute to all those whose ideas and efforts have grown into building a healthy future for generations to come. Let's pay tribute condolences to the main part of Saaberie Chishty who are not here with us today including, Hajee Sayed Hoosein, Hajee Sayed Shabbier Ally, Hajee Jogee Cha Cha, the Muezzin Moosa and all Mahrooms- May they Rest in Allah's peace and protection Ameen!

Saaberie Chishty Society, Moulana Sayed Yusuf, the Chairman Sayed Abbas would like to take this opportunity to invite you to the 25th anniversary celebration of Madressa Saabriyya Chishtiyya together with Meeladun Nabi Jalsa to be held from the 10th to 13th December 2015. This is once in a lifetime opportunity and will be a moment in history that will be always remembered. This commemoration and celebration will be graced by prominent distinguished Guests who will be, Ustaad-ul-Ulama Hazrat Allama Peer Sayed Hasinuddin Shah Saheb and Ghazi-e-Millat Hazrat Allama Sayed Hashmi Mia Saheb and other local and international Ulama.

May Allah almighty bless all those who have given their time and efforts to Madressa Saabriyya Chishtiyya in any capacity both in the past and present and pray that will continue to the next 25 years to help impacting knowledge about His religion to our children. Ameen!





Ál Kauŝar

ALA HAZRAT PEER SAYED MEHR ALI SHAH SAHEB



During a journey from Makkah to Madina (eternal resting place of the Holy Prophet # after the main Hajj ceremonies, an incident happened that can best be described in hazrats own words reproduced below:

"While passing through the Wadi-e-Hamra on the road to Madina Munawwara, it so happened that, because of the threat of an attack on our caravan by robbers (which used to be a common occurrence in those days), I happened, while offering my Esha prayers, to default in carrying out the Sunnats (the part of the prayers in emulation of the Prophet's # ritual practice). I went to sleep at one end of the caravan. Maulvi Muhammad Ghazi, who had left his teaching activities in the Madressah-e-Saulatiyah was accompanying me during this journey. During the sleep I saw in a dream that while I was sitting in a mosque in a praying posture, the Holy Prophet graced the place by his Holy presence, giving me new life with the sight of his perfect beauty. Coming near me, he remarked that a member of his progeny (such as myself) should not default in performance of his Sunnat. There upon I immediately caught hold of the silk soft shins of the Prophet # in extreme humility, and started reciting the words: "Blessings and salutations be upon you, O Messenger of Allah". Not fully sure at first that I was in fact in the presence of the Holy Prophet himself, I asked him about his identity three times. Instead of answering my question directly, however, he only repeated his earlier admonishing about defaulting about the performance of the Sunnat prayers. For this, as well as from the fact that he did not forbid me from addressing him in the second person as "O Messenger of Allah", I inferred that my august addressee was indeed the Holy Prophet # himself. Another indication about the identity of the personality facing me was the incomparable beauty of his face, indeed his whole person--- a beauty that neither tongue nor the pen adequately described, and could belong only to handsomest and the purest human being that had ever lived or will ever live again".

The sentiments generated by the dream are reflected to some extent in the Punjabi language Naat (Eulogy of the Holy Prophet (**) that Hazrat composed during rest of the same journey between the valley of Hamra and Madina Munawwara. It is probably with reference to sentiments such as these that in his book Futuhat-us-Samadiyyah (Divine Revelations), Hazrat has written as follows: "One even now comes across persons belonging to the noble group on whom the Holy Prophet # bestows his latent (spiritual) bounties, either on the departure at the end of this stay in Madina or at anytime during their stay there, the like of which no eye has ever seen and no ear heard of".

The Punjabi Naat mentioned above, which Hazrat (R.A) composed as a sequel to his vision in the Hamra valley, had attained wide acclaim in Sufi circles, especially in the Punjabi knowing ones. It begins with the following

Translation:

"My yearning for the loved one has intensified today; why is my heart so very sad (today)?

"Love has permeated every tissue of my body. Why are my eyes shedding a shower of tears (due to separation)

Its concluding verse, which has attained immortality and household character, runs as follows:

Translation:

"Glorified be Allah, Who created thee (O Prophet) in the most beautiful, the best, and the most perfect mold (in every respect)";

"Who is (the humble) Meher Ali to chant thy praises; what heights have his impudent eyes ventured to reach?"

A story goes that Allama Muhammad Igbal, world renowned Muslim philosopher and poet of the east, heard one evening someone outside his residence in Lahore singing the above mentioned opening verse of the Naat. Touched by the melody as well as the meaning of the verse, Allama Sahib sent down his servant to bring up the stranger to him, and then asked the latter to sing the full Naat in his presence. When the singer recited the concluding verse (also reproduced above), which contains Hazrat's name as author of the Naat, Allama Sahib realized why the Naat was so over powering in its emotional effects.

IATIONAL INDEPENDENT HALAAL TRUST



"O Mankind! Eat of the lawful and good things from what is in the earth, and follow not the evil. Surely he is an open enemy to you (S2: V168)

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Al Kauŝar Págê 5

NAAT SHAREEF

Aj Sik Mitran Di Wadheriye Kyun dilri udaas ghaneriey Why is the yearning for the loved One (Holy Prophet) is especially strong daily? Why is my heart sadder today than ever before?

Lun lun wich showq changeriye
Aaj neina nain laiyan kyun jhariyan
Why does longing penetrate every tissue of mine?
And why are the eyes shedding tears like a
shower of rain?

Subhanallah subhanallah, subhanallah subhanallah.

Mukh chand badr shah shani aye Mathay chamke laat noorani aey His face shines like the full moon A brilliant light radiates from his brow

Kali zulf tay akh mastani aey Makhmoor akheen hen madh bharian His hair is black, and his eyes are bewitched and intoxicated

Subhan Allah, Subhanallah Subhan Allah.

Do abro kos misal day saan Jadoon nokay mujhday teer chutan

Laban surkh akhan kay lal e yaman Chitay dan moti diyan hen lariyan.

Subhanallah Subhan Allah, Subhanallah Subhan Allah.

Is surat noun main jaan aakhan
Jaan aakhan kay jaan e jahan akhaan
I am not sure whether I should call his
face the essence of life, or life of the entire
universe.

Sach aakhan tey Rab di shaan akhaan Jis shaan tun shaanan sab baniyan The truth is that it is (like) the Glory of God, from which all other (worldly) glories originated.

Subhanallah Subhan Allah, Subhanallah Subhan Allah.

Subhanallah maa ajmalaka Ma ahsanaka maa akmalaka Glory to Allah, who created (O Holy Prophet) in the most beautiful, the best and the most perfect mould.

Kithay Mehr Ali kithay Teri sana Gustakh akheen, kithay ja ariyaan Where is (the humble) Mehr Ali to chant your praise

How (presumptions and) impudent his eyes are to aspire to the heights of you Love!

Subhanallah subhanallah, subhanallah subhanallah.

Aya soorat shala peysh nazar
Rahey waqt naza, tey rowzay hashr.
This face (of the Holy Prophet) emerged from the
Faceless One (i.e. Allah)
May this face (of the Holy Prophet) remain
before my eyes, in my last moments (of life) and
on the Resurrection Day!

Wich qabr tey pal theen jad howsi guzar
Sab khowtiya theen tad khariya
Then (also) in my grave, and at the time of
crossing (razor sharp) Bridge
(on the Day of Judgement as a test to separate
the virtous ones from the sinners).

Subhanallah subhanallah subhanallah.

For The Esaale Sawaab of:

My Peer-o-Murshid

Al Haj Goolam Mustapha R.A.

Mazaar Shareef Zeerust

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War Criminals of the Free World

Written by: Dr Aayesha J Soni- Media Review Network

On the night of September 4, 2009, Colonel George Klein of Germany ordered the bombing of two trucks in Kunduz, Afghanistan. More than 100 Afghans died in the incident, most of them civilians, many of them children. Despite the tragic misjudgment which Colonel Klein made, he was never charged. Instead, this year he will be promoted to the rank of general. In future, he will be sitting behind a cushy desk in his new position as head of human resource management, while the families of his victims hopelessly await justice.

Fast forward to October 3, 2015, when the area of Kunduz faces unspeakable atrocities at the hands of the NATO forces once again. Nearly a year after President Barack Obama formally announced the end of combat operations in Afghanistan, calling it a "responsible conclusion", the Doctors without Borders/Médecins Sans Frontières' (MSF) Trauma center was hit by endless bombing in the early hours of the morning. It has been unequivocally reaffirmed by MSF that all parties to the conflict, including in Kabul and Washington, were clearly informed of the precise location (GPS Coordinates) of the MSF facilities in Kunduz. However, the bombing persisted for more than 30 minutes. MSF has revealed that the main building where staff were caring for patients was repeatedly, and very precisely hit during the aerial raid while the rest of the compound was left largely untouched. Nineteen staff members have been confirmed as killed, and countless others seriously injured. I would be very interested to know how Colonel Brian Tribus, speaking on behalf of the US forces behind the attack, would justify his armies grossly calculated human rights violations when he stated: "The strike may have resulted in collateral damage..." Since when did the deliberate targeting of medical staff, patients and medical facilities be accepted as "collateral damage"?

ACINIAC SAHOAT

This is not the first time the US has bombed a hospital. Following the invasion of Iraq, US airstrikes "razed to the ground" Nazzal Emergency Hospital in Fallujah. The US also seized Fallujah General Hospital, arguing that the hospital's casualty reports constituted a form of "propaganda". Just two months ago, the Iraqi government—a US

ally—destroyed a women and children's hospital near Fallujah. If it had been any other country, the international calls of "war crimes" would have been reverberating throughout the walls of media houses. Mass condemnation, UN security council votes and maybe even a march led by all the leaders of the "free world" would've been the leading stories at the outrage of targeted killings of hospitals- a war crime by any standard. But seeing as the lives of the innocent victims are only those of Afghans, or medical staff who have dedicated their lives to helping those subjected to a war that was initialized on economic gains, I guess the world will remain in slumber.

The carnage unleashed in Afghanistan, led by the US and supported by the NATO forces, has obliterated the land back into the middle ages. There is no single official figure for the overall number of civilians killed by the war since 2001, but estimates (most, if not all, of the sources state that their estimates are likely to be underestimates) have been collaborated for statistical purposes. The 14-year war—the longest war in American history—has cost at least \$1 trillion, caused 26000 civilians deaths due to war-related violence and an additional 360000 people have lost their lives through indirect causes related to the war. 29,900 civilians have been wounded and human aid organisations in the region estimate that up to two thirds of Afghans suffer from mental disorders secondary to the consequences of the war. While these numbers are used for analytical purposes, the colossal devastation that has been thrust upon the people of Afghanistan is unimaginable. Their projected standard of living does not promise a bright future.

Instead of being threatened with arrest and trial at the Hague, or face accountability for his country's atrocious crimes, I expect to see Barack Obama finding himself in a similar boat as that of Colonel George Klein- a comfortable promotion; perhaps even as the next UN Secretary General? When it comes to the lives of the innocent for whose protection of freedom there lies little economic or political gain, it appears as if accountability is far and in between.





Al Kauŝar Page 7

ALA HAZRAT IMAM AHMED RAZA KHAN BERELVI (R.A.)

In the Presence of the Holy Prophet

It was during Ala Hazrat's second visit to the Haramain Sharifain that his aspiration to see the Holy Prophet became extremely great. Continuously reciting the Durood Sharif with great veneration and humbleness in front of the Rawza-e-Sharif of the Holy Prophet, he felt confidence within himself of seeing the Holy Prophet Muhammad.

It was during the second night of his visit to the doorstep of Sayyiduna Rasulallah that he was given the opportunity of actually seeing the Blessed Personality of our Beloved Prophet Muhammad. On that night, Ala Hazrat , in a state of total submission, lifted his pen and began writing a Naat in praise of Sayyiduna Rasulallah. The first line of that Naat is: "Wo Soo'e La'la Zaar Phirte hai..."

The beautiful Naat continues praising the Beloved of Allah and ends with the following verse:"

Koyi Kyu Pooch teri baat Raza,

Tujh se kutte hazaar phirte hai"

Here, Ala Hazrat & lowers himself in extreme devotion and humility, and addresses himself as the "dog" of the Holy Prophet *.

At this point, he was given the opportunity of seeing with his own eyes, the beloved personality of the Holy Prophet standing beside the Rawza Mubarak!

"Ar're Ai Raza tere dil ka pata chala ba mushkil Darre Rawza Ke Muqaabil wo hume Nazar to Aaya

Ye na pooch kaisa paaya, Ye Na pooch kaisa paaya

Tuje humd he khuda ya, Tuje humd he khuda ya

NAAT SHAREEF

Wo Soo'e La'la Zaar Phirte hai Tere din Aye Bahaar Phirte hai

Jo Tere Dar se Yaar Phirte hai Dar bedar Yu hi Khwaar Phirte hai

> Aah kal aish to kiye Humne Aaj wo beqaraar Phirte hai

Us gali ka Gada hu mai jis mai Maangte Tajdaar Phirte hai

Jaan hai jaan Kiya nazar Aaye Kyu adu Girde Gaar Phirte hai

Phool Kiya dekhoo mere Aankho mai Dashte Tayba ke khaar Phirte hai

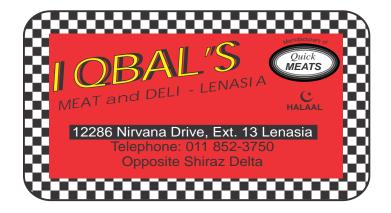
Laakho Qudsi hai Kaam Khidmat par Laakho Girde Mazaar Phirte hai

Rakhiye jaise Khana Zaad hai hum Molke aib daar Phirte hai

Haaye Ghaafil woh Kiya jaga hai Jahaa Paanch jaate hai Chaar Phirte hai

Baaein Raste ne Jaa Musaafir Sun Maal hai raah Maar Phirte hai

Koyi Kyu Pooch teri baat Raza Tujh se kutte hazaar phirte hai"







BY MOULANA SHAH FAISAL KHAN SAHEB

NAMAAZ-e-ISTISQAH

Q1) Could you please explain and elaborate on Namaaz-e-Istisqa?

Allah Almighty says, "Whatever befalls you of misfortune, is because of what your hands have done, and if He forgives much of it." [Surah Shu'ra Verse 30]

Even if the droughts which we face are because of our own sins. Hence, in such times we should repent in abundance, and this too is His grace that He forgives much of it. Otherwise if we are held accountable for everything, where would we be left? Allah Almighty says, "If Allah had to hold people accountable for all they did (than) He would not have left anything moving on the earth." [Surah Faathiv Verse 45]

Allah Almighty says, "Seek forgiveness from your Creator, verily He is most forgiving. He will send down rains to you in abundance. And He will aid you in your wealth and your children and He will give you orchards and rivers." [Surah Nooh Verse 10-12]

Hadith:

Ibn Majah reports from Hazrat Ibn Umar that The Holy Prophet said, "Those people who cheat in measures and weights, will be inflicted by drought, difficulty at the time of death and dictatorship of a ruthless ruler. If it was not for the animals, it would not rain upon them."

Some laws regarding Istisga

Istisqa referes to Dua and Istighfaar. The Namaaz of Istisqa is permissible with Jamaat. It may be performed in Jamaat or individually one has the choice of either.

When going for Istisqa, do so wearing old or patched clothing and go by lowering yourself with humility, sincerity nad dedication and without covering the head and on foot (if possible). If one goes barefoot it is better. Before going, give some khairaat (voluntary charity). Fast 3 days before and make tauba (repent sincerely) and then go to the plains where Istisqa is held. There make Taubah, and taubah merely with the tongue is not sufficient, but it should be from the heart.

One should fulfil the rights if all those he is responsible for, or had it forgiven.

Make dua through the wasila (medium) of the weak ones, elderly and the children and all should say Ameen, because it has been mentioned in Bukhari Shareef. "You reserve sustenance and aid through the blessings of the weak."

In one narration it has been mentioned that, "If it were not for the youth, who display humility nad the shephards and the elderly who perform Namaaz and milk drinking infants, than punishment would have rained down upon you with intensity."

It allowed for the Imaam to perform 2 rakaats namaaz and it is preferred to recite Surah A'ala in the first rakaat and Surah Ghaashiyah in the second rakaat. After namaaz stand on the ground and deliver the khutbah and sit between the two khutbahs. It is allowed to deliver just one khutbah, and in the khutbah do dua, tasbeeh and istighfaar, and during the khutbah turn over a shawl (blanket). In other words turn it around so that the top end is now at the bottom and the bottom end is now at the top, so that it may be a foretoken of the changing of the conditions. After the khutbah turn your back towards the people and your face towards the Qiblah, and make dua. In the dua raise your hands high and let the back of the hands face the sky.

If it rains before going for Istisqa, you should still go and make shukar to Allah and recite the duas which are prescribed for recitation at the time of rain.

We humbly pray that Almighty Allah through the mediums of all His divine loved ones forgive our sins and showers His divine mercy upon all of us. (Ameen)

Dua for Istisga

1. "Oh Allah, quench the thirst of your servants and the animals, and spread out your mercy, and bring back your deed (drought stricken) city to life." [Abu Dawood]

2. "Oh Allah, quench us with rain abundantly, rains which will bring pleasant freshness, and that which is beneficial and not harmful and which will (come) soon and not later."



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WHERE ARE THE SAVIOURS OF A MANKIND

BY MOULANA AHMED KHOROLO - SAABERIE CHISHTY DAWAH CENTRE

From amongst the innumerable favors bestowed upon us, one is the complete modus operandi we have been given, for the training and nurturing of humanity, a manual that levels the road for worldly prosperity and happiness, as well as eternal salvation.

Even the enemies of Islam have been forced to admit to the beauty of Islam, especially when it comes to its compatibility with every era and time. The English historian Bernard shore writes,' the religion of Muhammad? is indeed amazing. It is compatible with every era. Its ability to keep up with the ever changing times is a trait not found in other religions so vividly. To regard Muhammad? as a savior of humanity is our compulsory duty. If such a leader could today take hold of the reins of the world, humanity`s problems could easily be solved."

Mankind has given testimony regarding its virtue, so much so, that even its enemies have been forced to admit to it. True virtue is indeed that, which even one `s enemies cannot deny.

The question that arises is whether the beautiful teachings of Islam are to be found only in books, or are there practical examples of it as well?

Our nabi? reached the pinnacle of success after transforming every single sahabi into and eating, drinking, walking, talking, living example of Islam. Every sahabi was a practical expression of the Quraan-e-Kareem; each one was a presentation of Islam. By witnessing their actions, people would get acquainted with Islam.

Books and writings on Islam alone can accomplish nothing, so long as such people are not produced whom practice accordingly. For this reason, our Rasulullah? gave more attention to reforming his disciples than delivering mere lectures. Instead of eloquent speech, emphasis was placed upon purifying the heart. The success of our nabi Muhammad? was in making living models of Islamic teachings and showing Islam

practically.

The real need of the hour is for us to really realize our position amongst mankind. Our honor has been kept in Islam. Mankind at large is drowning in misery, and can find nothing but intoxicants to give him slight relief. Many are well aware of the disastrous effects these intoxicants will have on them later, but finding no alternative for peace, they are ready to take a risk. If only there could be someone who could explain to them that the place of peace is the heart. As long as the heart remains under the curse of it Creator, peace can never be acquired. Peace and inner-happiness comes when the heart is at peace with its Creator. Only when the light of obedience, recognition and love for Allah shines from within, shall the darkness, which has enveloped man, disappear. But alas, there is no one to take this message forward, since the very people who have been blessed with this light (i.e. > imaan) are not willing to switch it on!

We have to realize the truth of the matter clearly, that the daily life of Muslims, their social and moral and spiritual conduct and behavior is the biggest testimony and the chief measuring rod with regards to Islam. If the practical life of a Muslim is good, the world will form a good opinion about Islam and if it is bad, then preaching of Islam amongst non Muslims is destined to become very hard. Hence, the success of all efforts aimed at the propagation of Islam amongst non-Muslims, is dependent on the condition of the Islamic life of the ummah, i.e. the life of faith and righteousness become the chief attributes of the entire Muslim community.

May ALLAH give us the Taufiq to improve our Akhlaq, and thus become a means of influencing others towards Islam. And may Allah save us from such akhlaq which will turn people away from Islam. Ameen

BENEFITS OF TUMERIC AND MILK

Turmeric and milk have natural antibiotic properties. Including these two natural ingredients in your everyday diet can prevent diseases and infections.

Turmeric when mixed with milk can be very beneficial for number of health problems.

This is an effective remedy to fight hazardous environmental toxins and harmful microorganisms. RECIPE for Turmeric Milk:

- 1. Take 1 inch piece (FRESH) Turmeric root. If Fresh type is not available then use 1 level tsp Turmeric **Powder**
- 2. 150mls or I glass Milk
- 3. Boil Turmeric and Milk for 15 minutes
- 4. Strain the milk (remove fresh Turmeric piece out) 5. Cool it and drink this milk.

Respiratory illness:

Turmeric milk is an anti-microbial which attacks bacterial infections and viral infections. It is useful to treat illnesses related to respiratory system, since the spice heats up your body and provides quick relief from lung congestion and sinuses. This is also an effective remedy to cure asthma and bronchitis.

Cancer:

This milk prevents and stops the growth of breast, skin, lung, prostate, and colon cancers, since it has anti-inflammatory properties. This prevents cancer cells from damaging DNA and reduces the side effects of chemotherapy.

- Anti Inflammatory:
- Turmeric milk is anti-inflammatory, that can prevent and protect arthritis and stomach ulcers. This is also known as 'natural aspirin' in Ayurvedic medicine that can cure headaches, swelling and pain.
- Cold and Cough: Turmeric Milk is considered as a best remedy for cold and cough due to its antiviral and antibacterial properties. It gives instant relief to sore throat, cough and cold.
- Arthritis: Turmeric Milk is used to cure arthritis and treat swelling due to rheumatoid arthritis. It also helps to make the joints and muscles flexible by reducing the pain.
- Aches and Pains: Turmeric golden milk gives best relief from aches and pains. This can also strengthen the spine and joints in the body.
- Antioxidant: Turmeric milk is excellent source of antioxidants, which fights free radicals. This can cure many ailments.
- Blood Purifier: Turmeric Milk is considered as an excellent blood purifier and cleanser in Ayurvedic

tradition. It can revitalize and boost blood circulation in the body. It is also a blood thinner that cleanses the lymphatic system and blood vessels from all impurities.

- Liver Detox: Turmeric milk is a natural liver detoxifier and blood purifier that boosts liver function. It supports the liver and cleanses the lymphatic system.
- 10. Bone Health: Turmeric milk is a good source of calcium which is a must to keep the bones healthy and strong. India 's batting legend Sachin Tendulkar drinks this daily for good bone health. Turmeric milk lowers bone loss and osteoporosis.
- Digestive Health: It is a powerful antiseptic that promotes intestinal health and treats stomach ulcers and colitis. This helps in better digestive health and prevents ulcers, diarrhea and indigestion.
- Menstrual Cramps: Turmeric milk works wonder as it is antispasmodic that eases menstrual cramps and pain. Pregnant women should take golden turmeric milk for easy delivery, post partum recovery, improved lactation and faster contraction of ovaries.
- 13. Rash and Skin Redness: Cleopatra took turmeric milk baths for soft, supple and glowing skin. Similarly, drink turmeric milk for glowing skin. Soak turmeric milk in a cotton ball; apply on the affected area for 15 minutes to reduce skin redness and blotchy patches. This will make the skin more radiant and glowing than before.
- Weight Loss: Turmeric milk helps in the breakdown of dietary fat. This can be useful to control weight.
- Eczema: Drink a glass of turmeric milk 15. everyday to treat eczema.
- 16. Insomnia: Warm turmeric milk produces an amino acid, tryptophan; that induces peaceful and blissful sleep



OUT OF THE WOODWORKS

BY FAIZEL KHAMKAR

Benjamin Netantahu on a recent trip to Germany publicly declared that the Mufti of Jerusalem (in the early nineteen forty's) had not only inspired, planned but was the architect of the Jewish holocaust. This lie was so blatant and historically flawed that even his own circle shot it down. Interestingly the lie was made in Germany where a collective guilt has been imposed on the German people for actions done not by them but by their predecessors. This is not dissimilar to the appeal against the Iranian peace deal (which has still not been implemented by the West) where the appeal was made to a people on whom the global police role was imposed. The German state has been very accommodating with the refugees from war torn areas surrounding Israel. This blatant provocation of hate against Islam and Muslims should be investigated with this background in mind.

This loony antics should not be taken lightly despite being fit for only a third grade comedy act because of its serious consequences. The atrocities and blatant human right violations by the Israeli security forces have gone viral. The moral high ground that the Israelis and their stooges have advocated has been proven as audacious lies. Pantomimes such as demonstrated by the war criminal Netanyahu is therefore designed to create a mindset that killing Muslims is fine. The media in return only reported on this matter however their silence in opposing this blatant hate speech as part of their basic foundation Their appeal of obtaining was ear shattering. worldwide sympathy, a proven tactic of theirs, is losing ground as they become exposed by their own utterances.

The political leaders of the world, a group that claims that they are knowledgeable on what is happening around the world was either oblivious of this statement or callously disregarded it. Was it by accident or design? Creating a hostile environment is a speciality of the politicians. John Kerry shortly after Netanyahu's ridiculous statement spoke on obtaining a peaceful resolution to the Palestinian issue but most regretfully ignored that statement. Did he have a mandate from Israel to speak about it?

We were also lambasted by the theatrics of Tony Blair. He claimed that the creation of Danesh (ISIS) was an indirect result of not foreseeing the after effect of invading Iraq and therefore through inappropriate planning this extremist group was formed.

On the surface this appears to be the closest of confessions of honesty made a perennial liar would possibly make. However ISIS was the creation of the Western powers not by accident but by design. Who armed them? Who financed them? Who provided military cover for them? The answer to all of those questions is: the Western countries that are hell bent on creating a destabilised world. All this havoc is created simply to maximise profit. Saddam's fall was planned not because he was a dictator but rather to protect the currency of trade in oil. This however must be seen as a short term project. When the large trade deficit of the United States of America could not be met by the equivalent support of gold that standard for measuring currencies was dropped and oil become the unofficial standard adopted. The current deficit even larger than the seventies cannot be supported by oil and therefore total control of oil reserves has to be the medium strategy. However the greed and extravagances of the West will eventually create such a huge indebtedness that the long term strategy will be far more extreme in violence covered by blatant lies upon blatant lies. The problem with lies is that it will be exposed.

Thus far it was only "foreigners" who suffered the consequences of these lies which did not fully come out of the woodwork. The safety of the "local" populace has not been felt to such an extent as to force out the truth. It is the blinding of the locals with untruths of such great proportions that created mandates for such international criminal actions. However the safety and security of the locals cannot be guaranteed as the ultimate objectives of power and greed will create lies upon lies hoping to create darkness upon darkness which will eventually be exposed and as a result they can become targets.

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INTERNATIONAL NEWS FOCUS

BY FAKIR HASSEN

Riyadh, SAUDI ARABIA - Grand Mufti Sheikh Abdul Aziz Al-Asheikh has slammed the Daesh (IS) terrorist group as corrupt and un-Islamic. Speaking at a seminar focusing on ways to counter the organisation, Al-Asheikh said the group follows an ideology that has no parallel in Muslim history. He said the members of Daesh could only be described as criminals whose plan was to corrupt the country and shed the blood of Muslims. Those who joined the organisation were naive and illinformed, he said. Sulaiman Al-Ruhaili, a professor in Islamic Studies and a member of the Reconciliation Committee, called on Muslim governments to wage war against Daesh to protect the Muslim world.

Rabat, MOROCCO - A project to significantly reduce electricity consumption in 15,000 mosques across the Kingdom, which will be accomplished over the next five years, is part of a national strategy to reduce 40 percent of electricity consumption in all mosques. A study, conducted by the Ministry of Awgaf and Islamic Affairs, has revealed the possibility of reducing energy consumption in Moroccan mosques by 40 percent, through the installation of solar panels in the mosques and replacing the existing light bulbs with energy-saving ones, in addition to using solar-powered water heaters.

Sydney, AUSTRALIA - Muslim A u s t r a l i a n s e x p e r i e n c e discrimination and abuse on a daily or regular basis, according to a new report by the Australian Human Rights Commission. Researchers said

the Racial Discrimination Act had only a "limited" ability to protect Muslim Australians, because "religious identity" is not covered under the act.

Birmingham, UK - The Catholic Church has become embroiled in controversy after it effectively banned schools from teaching students about Islam as part of religious studies. Iqbal Sacranie, the former Secretary General of the Muslim Council of Britain, said that this decision has undermined Pope Francis's message of greater tolerance between the faiths. He urged Catholic leader Cardinal Vincent Nichols to review the decision.

Alsace-Moselle, France - Schools in Alsace-Moselle, a region in the eastern part of France, will reportedly introduce Islam as an option in theology class starting from the 2016 school year for all students, irrespective of their religious affiliation. Trained Imams will teach the Islamic lessons. The idea was born after the deadly attacks in Paris last January on the Charlie Hebdo offices. Following the attack, religious Catholics. Protestants and Jews of Alsace-Moselle decided to mobilise in order to integrate the teaching of Islam in schools

London, UK - A British Muslim activist has launched an initiative to acknowledge the sacrifices and bravery of thousands of Muslim soldiers in the lines of the French and Belgian armies with the aim of raising awareness about Muslim heroism during the First World War. "I started thinking about what it would have

been like for our forefathers to come from India to fight this war and how much they prayed while fighting," said community cohesion campaigner Faz Patel. Around 1.3 million soldiers from undivided India fought for the British Empire during the war. About 74,000 of those soldiers died.

Mumbai, INDIA – The Deccan Muslim Institute of Pune, in the western Maharashtra state of India, is going through a renovation process to digitise rare books, some as old as 150 years. The library has over 30,000 books, of which 20,000 are in Urdu. The Qur'an in Marathi is one of the most popular books at the library, which also has religious texts of other world religions in Urdu versions.

Riyadh, SAUDI ARABIA - Two Saudi hospitals - King Fahd Armed Forces Hospital and Prince Sultan Cardiac Centre - have become the first medical facilities in the world to use the smallest pacemaker. Doctors have successfully implanted the devices in five patients. At less than the size of conventional pacemakers, and comparable in size to a large vitamin capsule, the pacemaker, named the Micra TPS, provides the most advanced pacing technology available while being cosmetically invisible.

Asuncion, PARAGUAY - President Horacio Manuel Cartes has inaugurated the largest mosque in Ciudad del Este, the second largest city in Paraguay. The new mosque, which was built in the middle of an Islamic Centre called "Righteous Caliphs", cost a million dollars.

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